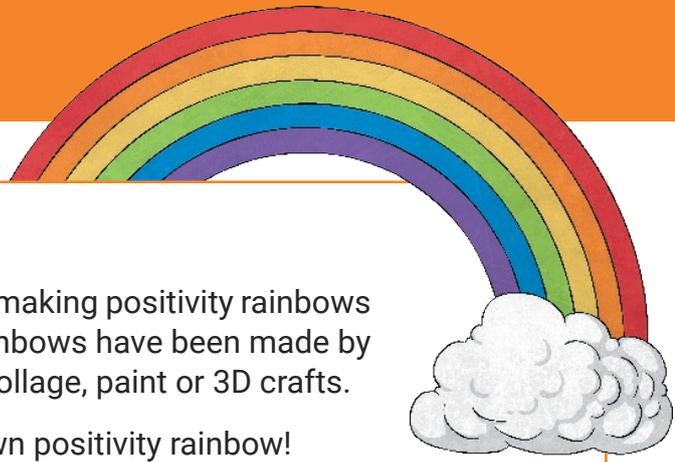


Rainbow Window Art



Adult Guidance

All over the country, children and their families have been making positivity rainbows to display in the windows of their homes. Some of the rainbows have been made by colouring or drawing but you could also make one from collage, paint or 3D crafts.

Try some of these creative and fun ideas to make your own positivity rainbow!

Collage Ideas

Magazines

- Start by looking through old magazines for blocks of colour and rip out pages with lots of colour on them.
- Either rip the pages up into smaller pieces or cut them up using scissors. This is a great opportunity for younger children to practise their fine motor control by ripping or their scissor skills by cutting. Ensure scissors are handled safely and put away, out of reach, after use.
- Use the Rainbow Template in this pack or draw your own onto a piece of card or an old cereal packet. Now use white glue to attach the different pieces of coloured paper to the rainbow template. You may wish to sort the pieces of paper by colour into old yoghurt pots or bowls to make this easier.

You could also use:

- old birthday cards
- old cereal packets or boxes
- newspapers
- junk mail

for this method or a mixture of all of them!

3D Craft/Collage Ideas

Try using 3D materials for your positivity rainbow. You could use pom-poms, old milk carton lids (remember to wash these first), cardboard, leaves, tissue paper, felt or coloured foil. You could try using a different material for each colour of the rainbow.

Painting Ideas

Painting doesn't just have to be done with a paintbrush. Try one of these other unusual ideas to create your rainbow from paint and have fun experimenting in the process.

- **Fingerpainting** - Your child could use their fingerprints to create the rainbow. Dip a finger tip into the paint and keep printing until all of the paint has gone from the finger. Look at how the paint fades with each fingerprint. Keep a wet cloth handy to wipe hands clean!
- **Cotton Buds** – You could use the end to make dots, the sides to make lines or use the tip to smear the paint to create the rainbow.
- **Cotton Wool Balls and Pegs** – Use a peg to hold a cotton wool ball, dip it into the paint and print your rainbow. Use different cotton wool balls for each colour of the rainbow.
- **Potato Prints** – Chop potatoes in halves or quarters and use these to print the colours of the rainbow. You could even try using the end of a celery stick to make small rainbow shapes to create your big rainbow.
- **Cardboard** – Put blobs of paint at the end of the rainbow and use a piece of card or plastic (clean food packaging or old cereal boxes are perfect for this) to smear the paint along the rainbow. How far can you spread the paint before you have to add more?
- **Sticks** – If you have access to a garden or outside space, you could collect sticks or other natural materials to use as painting tools. How can you use the stick? Can you paint with it? Spread with it? You could try a different method or material for each colour of the rainbow.
- **Bubble Wrap** – Transfer paint onto bubble wrap and use this to print your rainbow. You could try painting a whole rainbow on the bubble wrap and seeing how many times you can print from it.
- **Fork** – Yes a fork! Try using the back of an old kitchen fork to print with.
- **Folding and Printing** – Fold a piece of paper or the rainbow template in half. Paint half of the rainbow until you reach the fold line using a paintbrush or one of the methods above. While the paint is still wet, fold the paper together and smooth down to transfer the paint to the empty half of the page. Your child will be amazed to see the rainbow 'magically' appear on the other side of the paper.



Rainbow Template

