



BISHOP LONSDALE CHURCH OF ENGLAND PRIMARY SCHOOL AND NURSERY

*BECOMING **I**NDEPENDENT **S**UCCESSFUL **H**ONEST **O**PEN-MINDED **P**EOPLE*

YEAR 3 MEDIUM TERM PLAN

Week	PE	Music	PSHE	Computing
Week 1	<p>Gymnastics: Symmetry & Asymmetry.</p> <ul style="list-style-type: none">• What do pupils remember from year 2?• The focus of the learning is to apply the concept of 'excellent gymnastics'. (In KS1 we have used 'champion' gymnastics as the language for the success criteria depicting performance level. In KS2 we will refer to this as 'excellent' gymnastics.)• The class will focus on exploring movements and balances in a symmetrical way.	<p>Charanga: Three Little Birds.</p> <p>Step 1:</p> <ol style="list-style-type: none">1. Listen and Appraise (begin to recognise the style indicators of Reggae music)<ul style="list-style-type: none">• Listen and Appraise - Three Little Birds by Bob Marley: Play the song. Use your body to find the pulse whilst scrolling through/using the on-screen questions as a focus. The coloured timeline denotes the song sections.<ul style="list-style-type: none">• After listening, talk about the song and answer the questions together using correct musical language.2. Musical Activities (embed with increasing depth over time. Refer to the Unit Overview and use the Activity Manual for guidance)<ol style="list-style-type: none">a. Warm-up Games (including vocal warm-ups) - Three Little Birdsb. Flexible Games (an optional extension activity)		<p>Computer Networks</p> <p>To explain how digital devices function.</p> <ul style="list-style-type: none">• I can explain that digital devices accept inputs• I can explain that digital devices produce outputs• I can follow a process



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		<p>c. Learn to Sing the Song - Three Little Birds: Start to learn to sing the song.</p> <p>3. Perform</p> <ul style="list-style-type: none"> • Performance - Three Little Birds: Perform and share what has taken place in today's lesson - sing the song. 		
<p>Week 2</p>	<p>Gymnastics: Symmetry & Asymmetry.</p> <ul style="list-style-type: none"> • The focus of the learning is to apply 'excellent gymnastics' when exploring movements and balances in a symmetrical and asymmetrical way. 	<p>Charanga: Three Little Birds.</p> <p>Step 2:</p> <p>1. Listen and Appraise (continue to recognise the style indicators of Reggae music)</p> <ul style="list-style-type: none"> • Listen and Appraise - Jamming by Bob Marley: Play the song. Use your body to find the pulse whilst scrolling through/using the on-screen questions as a focus. After listening, talk about the song and answer the questions together using correct musical language. • Listen and Appraise - Three Little Birds (if you want to): How are the songs different, how are they similar? <p>2. Musical Activities (embed with increasing depth over</p>		<p>Computer Networks</p> <p>To identify input and output devices.</p> <ul style="list-style-type: none"> • I can classify input and output devices • I can describe a simple process • I can design a digital device



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		<p>time. Refer to the Unit Overview and use the Activity Manual for guidance)</p> <p>a. Warm-up Games (including vocal warm-ups) - Three Little Birds</p> <p>b. Flexible Games (an optional extension activity)</p> <p>c. Learn to Sing the Song - Three Little Birds: Continue to sing the song.</p> <p>d. Play Your Instruments with the Song: New Musical Activity.</p> <p>3. Perform</p> <ul style="list-style-type: none"> ● Performance - Three Little Birds: Perform and share what has taken place in today's lesson. <p>Sing and play instrumental parts within the song.</p>		
Week 3	<p>Gymnastics: Symmetry & Asymmetry.</p> <ul style="list-style-type: none"> ● The focus of the learning is to re-create pupils symmetrical balances on apparatus and look at how they can begin to move out of them, forming the start of a sequence. 	<p>Charanga: Three Little Birds.</p> <p>Step 3:</p> <p>1. Listen and Appraise (continue to recognise the style indicators of Reggae music)</p> <ul style="list-style-type: none"> ● Listen and Appraise - Small People by Ziggy Marley: Play the song. Use your body to find the pulse whilst scrolling through/using the on-screen 		<p>Computer Networks</p> <p>To recognise how digital devices can change the way we work.</p> <ul style="list-style-type: none"> ● I can explain how I use digital devices for different activities ● I can recognise similarities between using digital devices and non-digital tools ● I can suggest differences between using digital devices and non-digital tools



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		<p>questions as a focus. After listening, talk about the song and answer the questions together using correct musical language.</p> <ul style="list-style-type: none">• Listen and Appraise - Three Little Birds (if you want to): How are the songs different, how are they similar? <p>2. Musical Activities (embed with increasing depth over time. Refer to the Unit Overview and use the Activity Manual for guidance)</p> <ol style="list-style-type: none">a. Warm-up Games (including vocal warm-ups) - Three Little Birdsb. Flexible Games (an optional extension activity)c. Learn to Sing the Song - Three Little Birds: Continue to sing the song.d. Play Your Instruments with the Song: Revisit your learning from the last step.e. Improvise with the Song: New Musical Activity: Clap and Improvise, Sing, Play and Improvise and Improvise! (See also optional Extension Activities for Improvisation). <p>3. Perform</p>		
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		<ul style="list-style-type: none">• Performance - Three Little Birds: Perform and share what has taken place in today's lesson. Sing the song and improvise using voices and/or instruments within the song.		
Week 4	<p>Gymnastics: Symmetry & Asymmetry.</p> <ul style="list-style-type: none">• The focus of the learning is for pupils to start with symmetrical balances on apparatus, moving out of them, travelling to a new piece of apparatus and completing the start and middle section of a sequence.	<p>Charanga: Three Little Birds.</p> <p>Step 4:</p> <ol style="list-style-type: none">1. Listen and Appraise (continue to recognise the style indicators of Reggae music)<ul style="list-style-type: none">• Listen and Appraise - 54 - 46 Was My Number by Toots and The Maytals: Play the song. Use your body to find the pulse whilst scrolling through/using the on-screen questions as a focus. After listening, talk about the song and answer the questions together using correct musical language.• Listen and Appraise - Three Little Birds (if you want to): How are the songs different, how are they similar?2. Musical Activities (embed with increasing depth over time. Refer to the Unit Overview and use the		<p>Computer Networks</p> <p>To explain how a computer network can be used to share information.</p> <ul style="list-style-type: none">• I can recognise different connections• I can explain how messages are passed through multiple connections• I can discuss why we need a network switch



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		<p>Activity Manual for guidance)</p> <p>a. Warm-up Games (including vocal warm-ups) - Three Little Birds</p> <p>b. Flexible Games (an optional extension activity)</p> <p>c. Learn to Sing the Song - Three Little Birds: Sing the song.</p> <p>d. Play Your Instruments with the Song: Option to revisit your learning from the last step.</p> <p>e. Improvise with the Song: Revisit Sing, Play and Improvise and Improvise! (See Optional Extension Activities for Improvisation).</p> <p>f. Compose with the Song: New Musical Activity for this step.</p> <p>3. Perform</p> <ul style="list-style-type: none">• Performance - Three Little Birds: Perform and share what has taken place in today's lesson. <p>Sing the song and perform your composition(s) within the song.</p>		
Week 5	<p>Gymnastics: Symmetry & Asymmetry.</p> <ul style="list-style-type: none">• The focus of the learning is for pupils'	<p>Charanga: Three Little Birds.</p> <p>Step 5:</p> <p>1. Listen and Appraise (continue to recognise the</p>		<p>Computer Networks</p> <p>To explore how digital devices can be connected.</p>



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	<p>to complete their sequences.</p> <ul style="list-style-type: none">• Pupils will start with symmetrical balances on apparatus, moving out of them, and travelling to a new piece of apparatus creating their asymmetrical balance to end the sequence.	<p>style indicators of Reggae music)</p> <ul style="list-style-type: none">• Listen and Appraise - Ram Goat Liver by Pluto Shervington: Play the song. Use your body to find the pulse whilst scrolling through/using the on-screen questions as a focus. After listening, talk about the song and answer the questions together using correct musical language.• Listen and Appraise - Three Little Birds (if you want to): How are the songs different, how are they similar? <p>2. Musical Activities (embed with increasing depth over time. Refer to the Unit Overview and use the Activity Manual for guidance)</p> <ol style="list-style-type: none">a. Warm-up Games (including vocal warm-ups) - Three Little Birdsb. Flexible Games (an optional extension activity)c. Learn to Sing the Song - Three Little Birds: Sing the song.d. Play Your Instruments with the Song: Revisit this activity.e. Improvise with the Song: Option to revisit/continue this		<ul style="list-style-type: none">• I can recognise that a computer network is made up of a number of devices• I can demonstrate how information can be passed between devices• I can explain the role of a switch, server, and wireless access point in a network
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		<p>activity. (See Optional Extension Activities for Improvisation). f. Compose with the Song: Option to revisit this activity.</p> <p>3. Perform</p> <ul style="list-style-type: none"> • Performance - Three Little Birds: Perform and share what has taken place in today's lesson. Choose what you perform today. 		
Week 6	<p>Gymnastics: Symmetry & Asymmetry.</p> <ul style="list-style-type: none"> • The focus of the learning is for pupils' to perform their completed sequences. • Pupils will start with symmetrical balances on apparatus moving out of them, and travelling to a new piece of apparatus, creating their asymmetrical balances to end the sequence. • One pair at a time will perform and their partner pair will complete the 	<p>Charanga: Three Little Birds.</p> <p>Step 6:</p> <p>1. Listen and Appraise (continue to recognise the style indicators of Reggae music)</p> <ul style="list-style-type: none"> • Listen and Appraise - Our Day Will Come by Amy Winehouse: Play the song. Use your body to find the pulse whilst scrolling through/using the on-screen questions as a focus. After listening, talk about the song and answer the questions together using correct musical language. • Listen and Appraise - Three Little Birds (if you want to): How are the songs different, how are they similar? 		<p>Computer Networks</p> <p>To recognise the physical components of a network.</p> <ul style="list-style-type: none"> • I can identify how devices in a network are connected with one another • I can identify networked devices around me • I can identify the benefits of computer networks



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	<p>assessment sheet (see appendix).</p> <ul style="list-style-type: none">• This is also time for teacher assessment and pupils to experience performing their work.	<p>2. Musical Activities (embed with increasing depth over time. Refer to the Unit Overview and use the Activity Manual for guidance)</p> <ol style="list-style-type: none">a. Warm-up Games (including vocal warm-ups) - Three Little Birdsb. Flexible Games (an optional extension activity).c. Learn to Sing the Song - Three Little Birds: Sing the song.d. Play your Instruments with the Song: Revisit this activity.e. Improvise with the Song: Option to revisit/continue this activity. (See Optional Extension Activities for Improvisation).f. Compose with the Song: Option to revisit this activity. <p>3. Perform</p> <ul style="list-style-type: none">• Performance - Three Little Birds: Perform and share what has taken place in today's lesson. Choose what you perform today.		
Week 7				