

SUPER SCHOOLS

2020 / 21 R E P O R T



THE POWER OF A SUPERHERO SCHOOL



HOW WE HAVE SUPPORTED YOU



Advocating the importance of being active and putting it at the heart of school life



Networking with schools to share good practice, tools and resources



Providing events for children to be active, play with others and gain a sense of achievement



Delivering high-quality coaching provision for children to develop their skills and have fun



Inspiring and motivating children to enjoy being active and develop a lifelong love of moving



Building staff knowledge, skills and confidence through training and support



Boosting confidence, learning and achievement across the curriculum



Encouraging positive role models through the development of leadership and life skills



Building physical literacy and educating children to lead a healthy lifestyle



Enhancing self-esteem and supporting pupils and staff with their wellbeing



Engaging families to understand the importance of being active and healthy



Supporting schools with fundraising events that enable children to be active

FOREWORD

We are proud of the support we have provided for our Super School network, particularly over the last year. Through working together, we are making a real difference to children and young people to develop active, healthy learners.

The last year has been like no other. More than ever, children have needed PE, sport, activity and play. We adapted our programmes in order to continue to support our network of schools during these challenging times, continuing to advocate the importance of being active and healthy. As we entered a period of lockdown and home schooling, we provided digital resources, virtual lessons, physical activity challenges and virtual events, to support

schools and families to keep children moving. We also adapted to provide online training workshops, webinars and meetings to support school staff to continue their PE, sport and physical activity provision during the pandemic. In addition, we've enjoyed continuing to work in many schools by providing face to face delivery, including an extensive range of roadshows and programmes. We've loved seeing the smiles on children's faces when we've visited!

It's been a privilege to work alongside teachers who have shown what an amazing workforce they are! We hope you enjoy reading this report summarising this academic year and look forward to continuing to work with you next year.

JO WILKINSON

Schools Development Manager

RICH MANSFIELD

Schools and Coaching Manager

DELIVERY IN SCHOOLS

We've supported schools' delivery to vulnerable children and children of key-workers by continuing to work in schools to deliver face to face sessions, lessons, workshops and roadshows.



1500 plus sessions delivered



76 roadshows delivered



8000 plus children taking part

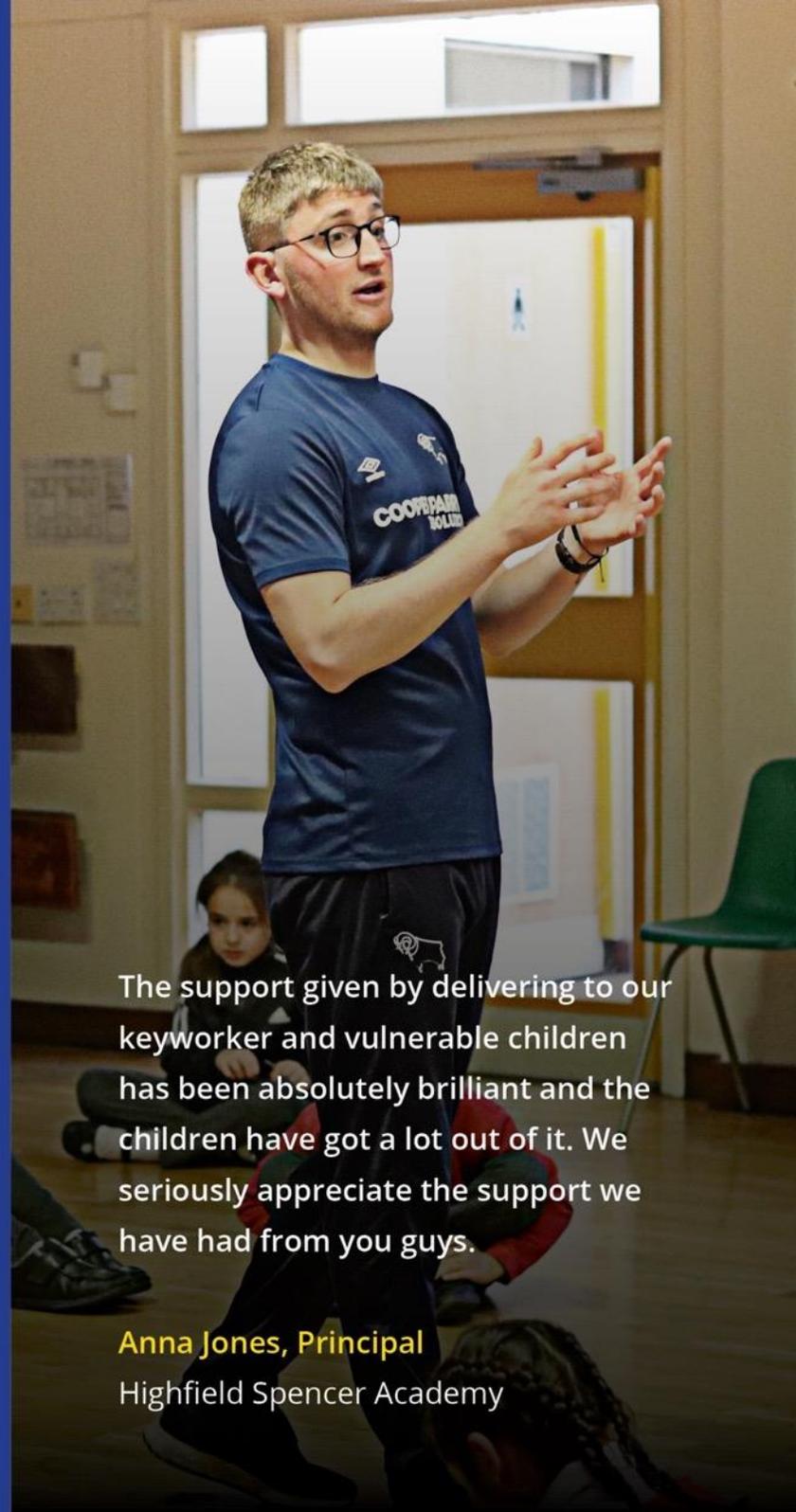


70 equipment bags delivered to our Super Schools



40 schools accessing delivery to support pupils

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The support given by delivering to our keyworker and vulnerable children has been absolutely brilliant and the children have got a lot out of it. We seriously appreciate the support we have had from you guys.

Anna Jones, Principal
Highfield Spencer Academy

VIRTUAL OFFER

We've produced weekly timetables full of activities, challenges and virtual lessons for children to take part in from home or from school.



198 virtual sessions provided



18 virtual competitions created



39 live hours delivered over Zoom

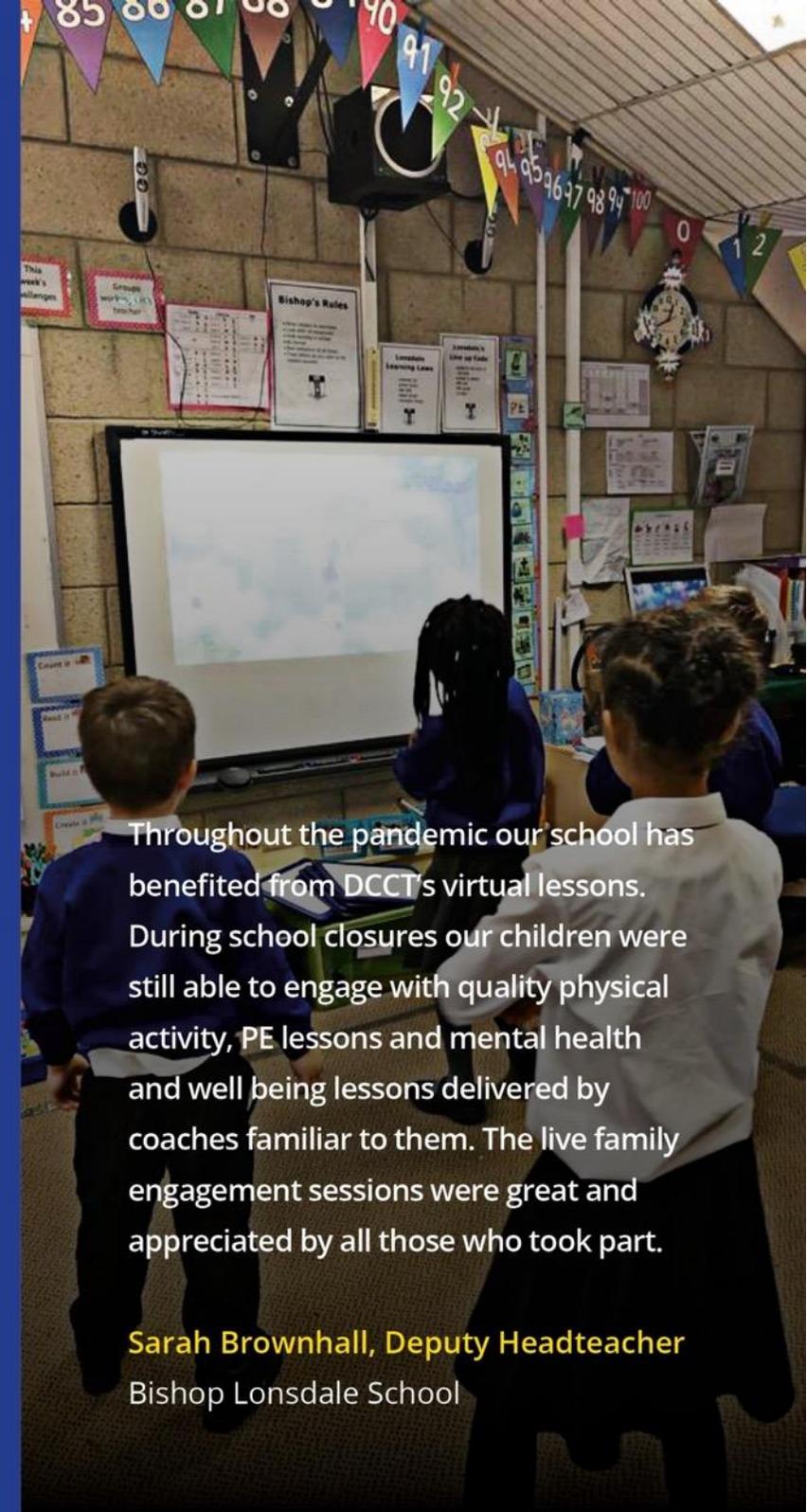


25 holiday and family activities resources shared



3 virtual Workshops based around World Book Day, Anti-Bullying Week and Safer Internet Day

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Throughout the pandemic our school has benefited from DCCT's virtual lessons. During school closures our children were still able to engage with quality physical activity, PE lessons and mental health and well being lessons delivered by coaches familiar to them. The live family engagement sessions were great and appreciated by all those who took part.

Sarah Brownhall, Deputy Headteacher
Bishop Lonsdale School

WELLBEING

We've provided a range of resources, lessons and workshops to champion the importance of wellbeing and support children through this challenging time.



38 virtual wellbeing sessions and challenges provided



72 Resilient Rammie sessions delivered



70 wellbeing bags provided for school staff

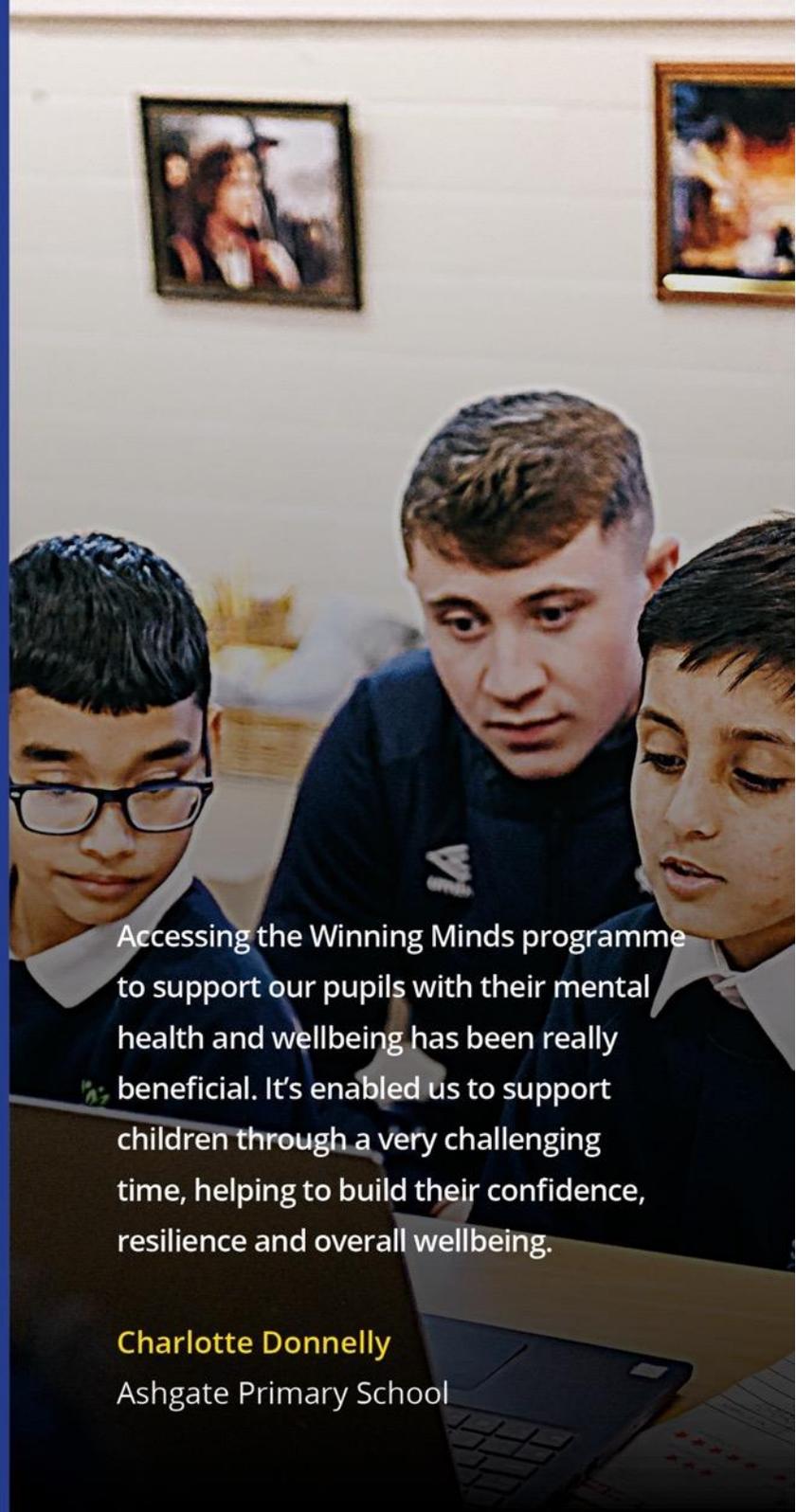


8 Stretch and Relax videos shared



80 plus relaxation packs given to pupils

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Accessing the Winning Minds programme to support our pupils with their mental health and wellbeing has been really beneficial. It's enabled us to support children through a very challenging time, helping to build their confidence, resilience and overall wellbeing.

Charlotte Donnelly
Ashgate Primary School

SUPPORTING STAFF

We've continued to play a part in developing teachers' knowledge and understanding in PE and School Sport.



24 online workshops provided to support school staff



9 Active Bubbles resources produced



25 teachers completing qualifications

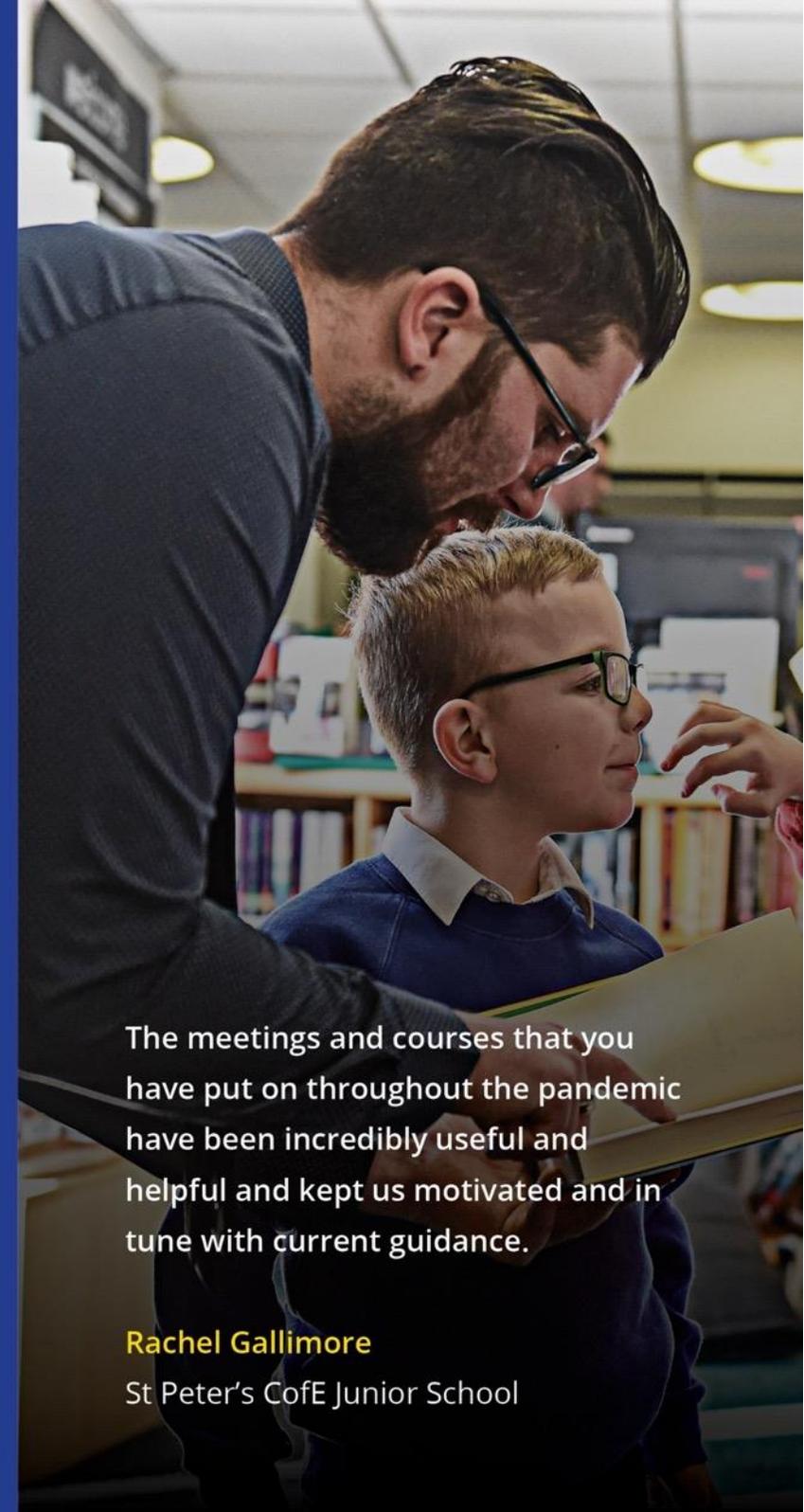


24 NQTs accessing training



550 plus hours delivered on Zoom

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The meetings and courses that you have put on throughout the pandemic have been incredibly useful and helpful and kept us motivated and in tune with current guidance.

Rachel Gallimore

St Peter's CofE Junior School

LOTTERY FUNDING

We've been able to fund intervention sessions and provide funding for resources, equipment, uniform and technology to support pupils most impacted by the pandemic.



75 schools benefitting from funding



£23K plus allocated to support children with reading



£13K plus allocated to improve pupils' wellbeing



£20K plus allocated to increase physical activity



£12K plus allocated to provide digital resources

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 **COMMUNITY FUND**



The purchasing of educational software licences, via Derby County Community Trust and the National Lottery, has made an enormous difference to those children who need it most at Markeaton. Not only has it increased the level of provision they have access to, it has also removed a significant barrier to learning that they were faced with; enabling them to really engage with their remote learning and diminish the likelihood of them missing vital parts of the curriculum.

Ian Johnson, Headteacher
Markeaton Primary School

SUPPORTING THE COMMUNITY

We've supported the wider community in Derby City and Derbyshire through food donations, doorstep visits and phone calls to older residents



250K items have been distributed by the city's food banks, which we have significantly contributed to



922 Christmas meals provided to those in need



1000 plus befriending phone calls made to help tackle loneliness

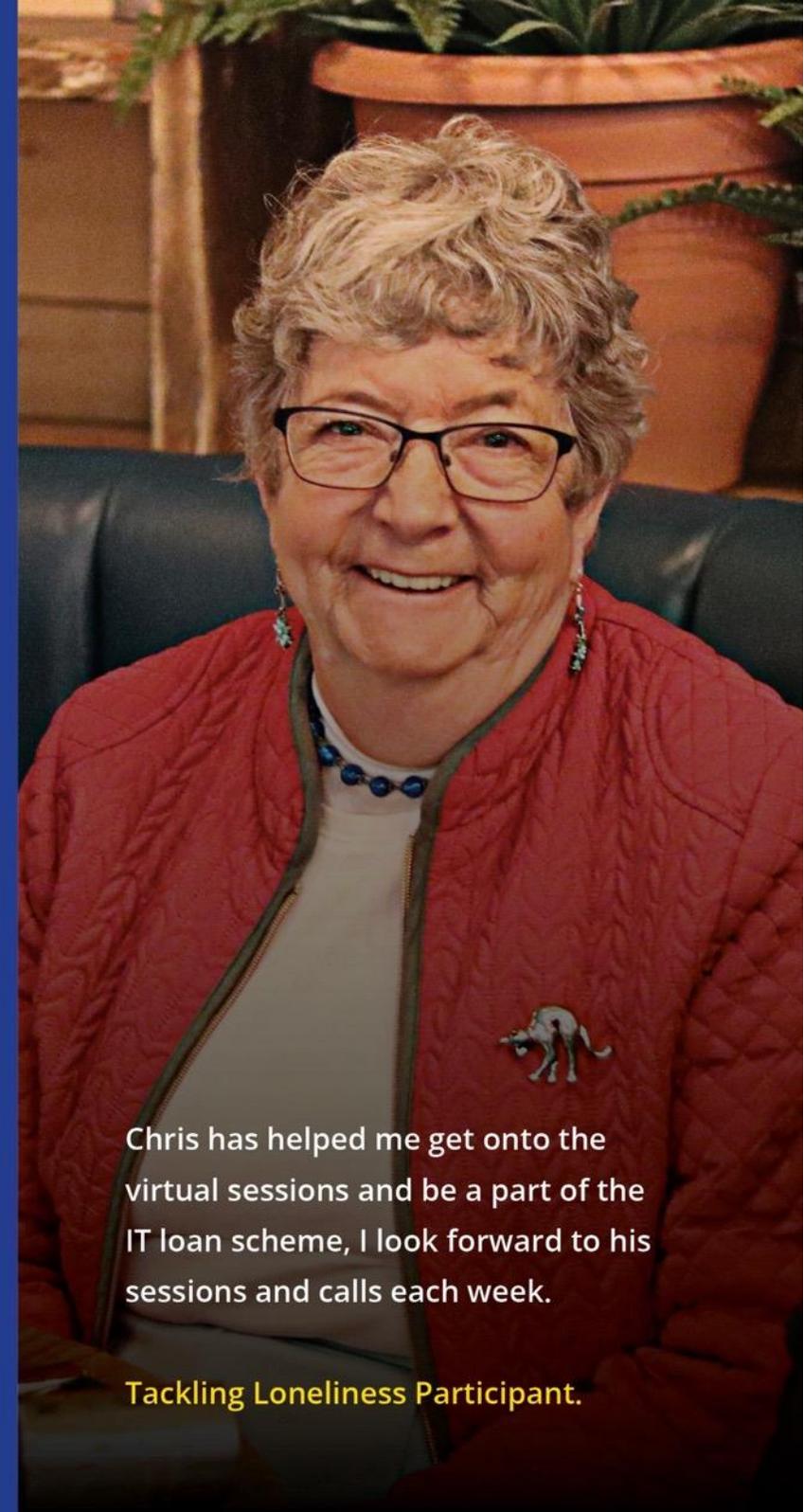


254 people aged 55+ attending weekly virtual sessions



900 care packages delivered

STAY SAFE. STAY FIT. STAY CONNECTED.



Chris has helped me get onto the virtual sessions and be a part of the IT loan scheme, I look forward to his sessions and calls each week.

Tackling Loneliness Participant.



IN CASE YOU MISSED IT...

Active Bubbles Resources

[CLICK HERE](#)

Wellbeing Challenges

[CLICK HERE](#)

Move with Rammie videos

[CLICK HERE](#)

Football Skills Challenges

[CLICK HERE](#)

World Book Day activity grid

[CLICK HERE](#)

Screen Free School Games

[CLICK HERE](#)

Family Challenges

[CLICK HERE](#)

Virtual Challenges

[CLICK HERE](#)

Cook and Eat videos

[CLICK HERE](#)

PLPS Challenges

[CLICK HERE](#)

Monday Movers

[CLICK HERE](#)

Stretch and Relax videos

[CLICK HERE](#)

Girls Football at Home

[CLICK HERE](#)

Reading Stars

[CLICK HERE](#)

Writing Stars

[CLICK HERE](#)

Matchday Maths

[CLICK HERE](#)

ABC Challenges

[CLICK HERE](#)

Fitness Challenges

[CLICK HERE](#)

Social Action

[CLICK HERE](#)

2021-22 AFFILIATION BRIEFING

<p>Super School Events</p> <p>CLICK HERE</p>	<p>Want to know more about our Enhanced Programme?</p> <p>CLICK HERE</p>	<p>Premier League Primary Stars</p> <p>CLICK HERE</p>
<p>How we can support staff and pupil wellbeing</p> <p>CLICK HERE</p>	<p>Super Schools Affiliation overview presentation</p> <p>CLICK HERE</p>	<p>PE Qualifications and Training</p> <p>CLICK HERE</p>
<p>How our Super Schools programmes support PSHE</p> <p>CLICK HERE</p>	<p>2021/22 Affiliation Booklet</p> <p>CLICK HERE</p>	<p>How we've supported Super Schools during the pandemic</p> <p>CLICK HERE</p>

To arrange a meeting please email
jo.wilkinson@dcct.co.uk or richard.mansfield@dcct.co.uk

WE'VE LOVED SUPPORTING ALL OUR SUPER SCHOOLS THIS YEAR AND ARE REALLY EXCITED ABOUT DELIVERING LOTS OF EVENTS AND PROGRAMMES NEXT YEAR. SEE YOU THEN!

HAVE A FANTASTIC AND WELL DESERVED SUMMER BREAK!

LOOK OUT FOR

EVENTS CALENDER 2021/22

We are looking forward to running our full events calendar next year (subject to **government guidance**). Copies of the wall planner will be sent to all schools ready for September. Bookings will be live on our website from 6th September (dcct.co.uk).

WELCOME BACK MEETING

Join us (in person!) for our Welcome Back meeting on Wednesday 15th September, 8:30am. We'll provide some breakfast and give you an overview of all the opportunities you can access next year.

CLICK HERE TO BOOK

SCHOOL MEETINGS

We'd welcome the opportunity to have individual meetings with schools, via telephone or Zoom, to discuss the support we provide and to help shape your plans.

PLEASE CONTACT

JO WILKINSON

SCHOOLS DEVELOPMENT MANAGER

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SCHOOLS AND COACHING MANAGER

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AUTUMN TERM

Autumn Term Highlights



Training Workshops

Summary:

This term we have delivered an extensive range of training workshops to ensure staff feel equipped to deliver PE, School Sport and Physical Activity. It's been fantastic to see so many Super Schools at our workshops. Don't worry if you've not managed to join us, you can watch the recordings:

- Welcome Back Meeting <https://youtu.be/hpc1MOHinQI>
- New PE Co-ordinator Meeting <https://youtu.be/FtthUnxmk2A>
- Primary PE & Sport Premium Workshop https://youtu.be/6YOJvo_CD00
- Safe Practice in PE Workshop <https://youtu.be/9ZT7zcA5qkQ>
- Assessing PE Workshop <https://youtu.be/qYYrlw65O0c>
- PE Development Meeting <https://youtu.be/pFuE14aY7Kw>
- Primary Dance – Socially Distanced Series <https://youtu.be/EJ8D7KY1W4k>
- Water Safety Workshop https://youtu.be/_gwsOGcPGTI
- PlayWaze Virtual Challenges demonstration <https://youtu.be/x0Qb0le2v7M>
- Spring Term Update Meeting <https://youtu.be/Celb9ECxyEA>

In addition to the above workshops we also provided NQT Training (Day 1 & 2), the Primary PE Award (Day 1) and one to one support for some PE Co-ordinators.

If you would like copies of the resources shared via our training or would like further support, please get in touch with jack.southwart@dcct.co.uk

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

Active Bubbles Resources

Summary:

We have produced Active Bubbles resources to support schools to deliver PE, Sport and Physical Activity during covid-19. In addition to the Athletics and Playground Games Active Bubbles resources, we've expanded the range of Active Bubbles resources to provide:

- Active Bubbles FUNdamentals
- Active Bubbles Multi-skills
- Active Bubbles Multi-sport
- Active Bubbles Fitness

These are designed to follow Government guidance including:

- ✓ Social distancing
- ✓ Bubbles/ small groups
- ✓ Non contact activities
- ✓ Minimal equipment
- ✓ Taking place outdoors, when possible

Impact:

- Schools have resources to deliver PE safely and in line with Government guidance during covid-19
- Pupils enjoy participating and are motivated to take part in PE, Sport and Physical Activity

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

FUNdamentals Roadshow

Summary:

This term we delivered a FUNdamentals Roadshow at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed taking part in a variety of activities designed to develop FUNdamental movement skills.

Impact:

- Pupils develop FUNdamental movement skills and enjoy being active

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*

Rammie's Reindeer Run Roadshow

Summary:

This term we delivered Rammie's Reindeer Run at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed taking part in a 'cross country' event that encouraged them to be active and feel festive!

Impact:

- Pupils enjoy participating and are motivated to take part in physical activity
- Broader experience of a range of activities offered to pupils
- Increased participation in virtual challenges (intra and inter school sport)
- This term we delivered 2 Rammie's Reindeer Run Roadshows.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*
- *Increased participation in competitive sport (KI5)*

Fitness is Fun Roadshow

Summary:

This term we delivered a Fitness is FUN Festival at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed being active by taking part in a variety of fitness circuits.

Impact:

- Pupils enjoy participating and are motivated to take part in physical activity

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*

Anti Bullying Week - Virtual Workshop

Summary:

“United Against Bullying” was the theme of this years Anti Bullying Week, delivered virtually for the very first time. The Premier League and Football League have been raising awareness of their “No Room For Racism” campaign that was a focus throughout both the assembly and workshop.

The sessions aimed to:

Virtual Assembly – pre-recorded this assembly was suitable for both KS1 and KS2 and aimed to:

Identify what bullying is.

Identify what racism is. (Supporting the Premier League No Room for Racism Campaign)

Give pupils the opportunity to discuss how it feels to be treated differently.
To celebrate difference.

Virtual Workshop – Pre-recorded, this workshop was suitable for KS2 and supported the Premier League’s No Room for Racism Campaign.

Build on the theme from the assembly.

Identify how to be inclusive.

Give pupils the opportunity to create their own campaign.

Impact:

Through hosting these sessions you gave pupils:

The opportunity to discuss the difference between bullying and racism.

Increased awareness of the term racism and how we can challenge it.

Understand the impact of bullying on themselves and others.

Understand how everyone is unique and why it is good to be different.

Primary PE Award (Day 1)

Summary:

The Primary PE Award is a year long course designed to help develop and improve the knowledge and confidence of staff delivering or supporting PE lessons. Day 1 of the course, covered curriculum planning, barriers to childhood development, gymnastics and dance workshops.

Impact:

Day one of the Primary PE Award aimed to...

- Develop delicate knowledge of the PE curriculum
- Improve delegates knowledge in delivery of Gymnastics and Dance
- Be able to select and apply appropriate interventions to support children facing barriers to their growth

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

NQT Introduction to PE (Day 1&2)

Summary:

Delivered throughout the year, this training is tailored for Newly Qualified Teachers and those with little or no experience of delivering PE.

Impact:

Day 1 aimed to...

- Give teachers have a greater understanding of National Curriculum PE Programme of Study
- Improve teachers knowledge, skills and confidence to deliver high quality PE
- Enable teachers to differentiate in PE

Day 2 aimed to...

- Improve staffs knowledge and confidence of Gymnastics & Dance
- Enable staff to be able to plan and deliver high quality gymnastics and dance lessons

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

Level 3 Qualification

Summary:

This term delegates have been completing the Level 3 Certificate in Supporting the Delivery of School Sport and Physical Education. This has including the delivery of a unit of work, including observations from DCCT staff. Delegates have also be completing evaluations of their lessons and been provided feedback by course tutors.

Bev Rose has almost completed this course, she will be completed by December 2020

The final units of the Level 3 Course aimed to...

- Improve delegates ability to plan a progressive unit of work.
- Assess and provide feedback to improve delegates pedagogy
- Prepare delegates to be able to effectively support the delivery of the primary PE curriculum

Units Covered:

- Communication & Legislation
- Schools as Organizations
- Understanding young person & Child Development
- Understand how to safeguard the wellbeing of children
- Support the assessment of Wellbeing
- Planning physical Education and Sport programmes

Impact:

- Delegates will be more confident and be able to assist PE leads in planning of curriculum content as well as being able to offer more support during assessment of PE across the school.
- Upon completion of the qualification delegates will be qualified and equipped to support the delivery of PE & School Sport

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

Level 6 Qualification

Summary:

Following the completion of the Level 5 Qualification in Primary School PE, Sarah Brownhall has now successfully completed the Level 6 Professional Qualification in Primary School Subject Leadership (afPE/ Sports Leaders UK).

Unit content :

Unit 7: Lead sustainable development within primary school PE

- Understand the role and importance of a primary school PE subject leader
- Be able to determine the quality of PE provision in a given primary school
- Be able to design a targeted strategy to develop primary school PE, school sport and physical activity provision
- Be able to lead the implementation of a targeted strategy to develop a specified aspect of the primary school PE provision
- Be able to review and revise a targeted activity strategy to increase sustainability of teaching and learning impact in primary school PE, school sport and physical activity teaching and learning

Impact:

- Upon completion of the qualification delegates will be qualified as a Subject Leader and equipped to improve the overall quality of the PE curriculum

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

Matchday Maths

Summary:

A ten-week numeracy intervention for targeted pupils in year 5 or 6, aiming to stimulate numeracy engagement in children who love sport but lack motivation in numeracy. The programme presents numeracy skills in alternative ways .

The sessions included:

A range of topics including adding, subtracting, multiplying, place value, time, etc.

1 hour session with a small focused group of children

Numeracy skills presented in physical activity sessions.

Impact:

Through hosting these sessions you:

Engaged children in lessons using the power of sport and DCFC

Provided opportunities for children to develop their numeracy skills.

Encouraged children to develop a love for numeracy.

Increased awareness of the importance of numeracy skills in the real world.

Next steps:

Further Matchday Maths programmes with additional groups

Premier League Reading Stars programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

Communication & Listening Skills

Summary:

Designed in partnership with the “I Can” charity, this 6 week intervention is for pupils who need further support with their communication skills and to understand the importance of listening.

The sessions include:

6 x 1-hour sessions

Focus on: Good v Bad listening/ exploring words/ building a sentence/ creating conversations and telling stories.

Active learning

Booklets to support delivery

Opportunities for pupils to discuss and work as a team.

Impact

Through hosting these sessions you:

Gave pupils the opportunity to reflect on their communication and listening skills

Supported pupils to identify the skills needed to be a better listener

Helped pupils to build and develop their skills each week to create a meaningful conversation.

Next steps:

Identify pupils who need further support – Talkboost through I CAN is a more in depth intervention.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

Relaxation Packs

Summary:

The relaxation packs were put together to give children, young people and families free access to information and resources that could support children with their mental wellbeing during this difficult period. The wellbeing packs had information sheets that looked at 5 ways to wellbeing, top tips in helping to stay relaxed, and key information around national and local organisations that can be accessed to support mental health. Additionally, the pack included a stress ball, reflection diary, mindfulness colouring sheets, playdough, headphones and a memory stick that had Yoga videos, Meditation videos, healthy recipes, and worksheets stored on it.

Impact:

- Pupils were supported with their mental wellbeing
- Families were signposted to information and resources to support their child with their wellbeing



SPRING TERM

Spring Term Highlights



Super Schools Equipment Bags

We provided every affiliated school with two bags of physical activity equipment. This was intended for schools to use as all children returned to school post lockdown. The bags included a range of play and physical activity equipment. We hope your pupils have enjoyed using it.

Impact:

- Pupils have been encouraged to be active and play together

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Super Schools Staff Wellbeing Bag

We provided a Wellbeing Bag for PE Co-ordinators, including resources, posters, useful links, and goodies. We encouraged staff to take some time out to watch a recording, take part in an activity, listen to a podcast or read a blog to consider how we go about our thinking, behaviours and habits to help our wellbeing. This included the launch of our Miles for Smiles Virtual Challenge to encourage staff, pupils and families to be more active.

Impact:

- Staff were equipped to consider their own wellbeing
- Staff had access to resources to share with pupils to support wellbeing
- Staff were encouraged to be more active to look after their own wellbeing.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)



Reading Stars

A ten-week literacy intervention for year 5 and 6 pupils aiming to stimulate literacy engagement in children who love football but lack motivation in reading.

The sessions included:

- A range of topics including reading for enjoyment, comprehension, poetry, how to choose the correct book, scanning and skimming
- 1 hour session with a small focused group of children

Impact:

- Engaged children in lessons using the power of sport and DCFC.
- Provided opportunities for children to develop their reading skills in a number of areas.
- Encouraged children to develop a love for reading.

Next steps:

- Further Reading Stars programmes with additional groups
- Writing Stars Interventions for children who do not enjoy writing.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

Matchday Maths

A ten-week maths intervention for year 5 and 6 pupils aiming to stimulate numeracy engagement in children who love football but lack motivation in maths. The sessions included:

- A range of topics including; Place Value/ Addition and Subtraction/ Multiplying and Dividing/ Time/ Data Handling
- 1 hour session with a small group of pupils.

Impact:

- Engaged children in lessons using the power of sport and DCFC
- Provided opportunities for children to develop their numeracy skills in several areas
- Encouraged children to understand the need and application of numeracy

Next steps:

- Further Matchday Maths programmes with additional groups
- Interventions available in other areas of the curriculum.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

World Book Day – book donation

As a result of taking part in our World Book Day online workshop, we were delighted to present your school with a bag of books. We hope the children enjoy reading them!

Impact:

Book ownership

1 in 11 children from disadvantaged families say they don't own a single book [National Literacy Trust (2019) *Gift of reading: children's book ownership in 2019*]

Compared to children who don't have a book of their own, children who own books are six times more likely to read above the level expected for their age [National Literacy Trust (2019) *Gift of reading: children's book ownership in 2019*]

Reading in the pandemic

Lockdown is a fantastic time to engage students with books – The National Literacy Trust reported that during lockdown over a third of children were reading more and a quarter were enjoying their books more than ever. However, children's access to physical books was restricted by widespread school and library closures. [National Literacy Trust (2020) Annual Literacy Survey]

Next Steps

- Reading Stars programme
- Read with Rammie event

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

Resilient Rammie

Six sessions for KS1 or KS2 pupils, to help pupils develop their skills to become a more resilient person.

The sessions included:

- Developing resilience
- Building self esteem
- Importance of teamwork
- Self reflection, group discussion and an introduction to strategies

Delivered to 1x Year 5 Class

Impact:

- Increases children's awareness of the impact of helpful thoughts.
- Increased children's understanding of what it means to be unique, and respecting others similarities and differences.
- Provides opportunities for pupils to identify their own skills and strengths and an area they would like to develop.
- Increased understanding of where and how we can have different teams within our lives.

Next steps:

- Winning Minds programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

Level 6 Qualification

Following the completion of the Level 5 Qualification in Primary School PE, Sarah Brownhall has now successfully completed the Level 6 Professional Qualification in Primary School Subject Leadership (afPE/ Sports Leaders UK).

Unit content :

Unit 7: Lead sustainable development within primary school PE

- Understand the role and importance of a primary school PE subject leader
- Be able to determine the quality of PE provision in a given primary school
- Be able to design a targeted strategy to develop primary school PE, school sport and physical activity provision
- Be able to lead the implementation of a targeted strategy to develop a specified aspect of the primary school PE provision
- Be able to review and revise a targeted activity strategy to increase sustainability of teaching and learning impact in primary school PE, school sport and physical activity teaching and learning

Impact:

- Upon completion of the qualification delegates will be qualified as a Subject Leader and equipped to improve the overall quality of the PE curriculum

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

NQT Introduction to PE Training

Ashley Jeffery & Lucy Buckley have attended day 3 & 4 of the NQT training. Delivered throughout the year, this training is tailored for Newly Qualified Teachers and those with little or no experience of delivering PE.

Day 3 aimed to...

- Improve teachers understanding and deliver of OAA. This includes team building and orienteering tasks.
- Develop teachers understanding of the different categories of games (Invasion, striking and fielding & Net and wall), and understanding of how to deliver these games.

Day 4 aimed to...

- Improve staff knowledge and confidence of Fundamental movement skills
- Enable staff to be able to effectively use differentiation in PE lessons.

Next steps:

- Teacher Support Mentoring to increase knowledge and understanding further

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

Primary PE Award

The Primary PE Award is a year long course designed to help develop and improve the knowledge and confidence of staff delivering or supporting PE lessons. Day 2 of the course, covered assessment for learning, differentiation, Outdoor and Adventurous Activities and Games workshops.

Day 2 of the Primary PE Award aimed to...

- Develop delegates knowledge of the PE assessment and how to use AfL to support pupil progress.
- Improve delegates knowledge and delivery of OAA & Games
- Improve delegates ability to select and apply appropriate differentiation techniques

Next steps:

- Level 5 Qualification in PE Specialism
- Teacher Support Mentoring to increase knowledge and understanding further

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*



SUMMER TERM

Summer Term Highlights



Roadshows

With the need to adapt our events calendar for 2020/21 we've provided a range of roadshows throughout the year, delivering events in schools. This term we've offered a range of new roadshows including:

- Team Building
- Inclusive Sports Roadshow
- Tennis
- Cricket
- Euros Football
- Joy of Moving
- Active Maths
- Friday FUNday

These have been accessed by most schools with many taking part in several roadshows during 2020/21. We've enjoyed delivering the roadshows to enable children to be active and have fun.

Impact:

- Pupils enjoy participating and are motivated to be more active
- More physical activity is built into the school day

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

Virtual Celebration of Dance

This year was the first year that our Celebration of Dance event couldn't go ahead in its usual format. However, we felt that 'the show must go on' and ran the event virtually. Lots of schools have taken part by receiving a Dance Roadshow, delivered by the One School of Dance, and lots of schools had their dance performance filmed at school. We've loved seeing so many amazing dances, great dance moves and lots of smiley faces!

Congratulations to all schools that took part.

To watch the amalgamation film and school performances please click here: <https://youtube.com/playlist?list=PLAfQMFPEn5eRB875O7v6EGWsaymaTxDgT>

Save the date!! Next year's Celebration of Dance takes place on 10th and 11th March 2022.

Impact:

- Pupils enjoy participating and are motivated to be more active

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
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Winning Minds (Year 6)

The programme takes a holistic approach to address emotional health and wellbeing around two key milestones within Year 6 - SATs (6 weeks) and Transitioning to Year 7 (6 weeks). The aim of the programme is to improve the young people's level of resilience and overall mental well-being.

There are 3 Key Strands that the programme consists of:

1. Resilient Mind – Stretch and Relax, Planning, Goal Setting, Identifying Stress and Coping Strategies
2. Healthy Mind – Diet, Lifestyle and Habit
3. Active Mind – Physical Activity Element and Benefits

1 Classes/ Block A & B Wellbeing & Transition

Through taking part in these sessions children have:

- Increased confidence and coping strategies around two key milestones within their education journey
- Increased awareness of positive lifestyle choices to improve mental wellbeing and resilience.

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Physical Literacy Programme

Summary:

- A training session targeted at school staff, to be able to deliver the physical literacy intervention.
- Baseline assessment of up to 30 children's physical development
- Data analysis of results and feedback meeting with coordinator.
- Support with identifying children for the intervention programme.
- Follow up assessment and reporting of impact
- Toolkit and resources to support future delivery

Impact:

Through attending the training you:

- Increased understanding of how to develop pupils' physical literacy skills through the introduction of the Physical Literacy Intervention Programme, impacting on core stability, concentration, behaviour and attainment
- **All** staff said they felt more confident to support physical literacy

Through the delivery of the milestone assessments and intervention programme you:

- Accurately identified children with poor physical development
- Effectively supported children to improve their core stability with 15 out of 15 children improving their physical development and 13/15 at age-appropriate physical development at the end of the 6-week intervention

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- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*

Active Schools

Summary:

This term:

- You've accessed two progress and support meetings
- Second fitness levels assessment for all pupils (interim measure)
- Rammie's Healthy Hero lunch time club where **29** children attended

Impact:

- Despite a second lockdown after the baseline fitness assessment in November, the **average distance travelled** in 10 minutes **increased by 110 metres**

Next steps:

- Third fitness measure to be booked in to measure impact of whole school daily physical activity and targeted interventions in the Spring term
- Targeted children to be invited onto Live IT (healthy lifestyle programme)

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- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*

Active Schools - pupils

Summary:

This term:

- All pupils have had access to new playground games and the 'active lunchtime' resource
- Targeted pupils have accessed Rammie's Healthy Heroes lunchtime club

Impact:

Rammie's Healthy Hero club (28 children interviewed)

- 100% of pupils said they were happier then when they started with 86% saying they were more confident to have a go at something new or try new foods
- 96% of pupils said they were more active since they'd started with 100% doing the daily mile and 39% doing more exercise at home
- Examples given of other things that made them happier – 'playing dodgeball, more exercise, fun activities, trying new yummy foods, spinach and kiwi'

Pupils will have:

- Increased understanding of the importance of Physical Activity to keep them healthy
- Increased understanding of the importance of healthy eating including portion size and sugar intake
- A range of new games to try at breaks and lunchtimes to increase physical activity levels

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*

Rammie's Munch and Crunch

Summary:

- KS1 Grow and Eat sessions

Impact:

- Pupils should understand what constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity and healthy eating including:
 - Understanding what being healthy means
 - Know why it is important to eat 5 a day
 - Understand how food grows
 - Will try new foods
- Teacher reported that 'children were more confident to try new fruit and vegetables at snack time'. Pupils reported after the programme had finished on the range of fruit and vegetables they were now eating.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- Supports the statutory framework for Relationship and Health education. Topic 4: Healthy eating.
- Supports the Design and Technology curriculum

Rammie's Little Movers

Summary:

Rammie's Little Movers is a six-week programme based around the story 'Oliver's vegetables' which includes a range of games, songs and activities to develop good physical development and knowledge and understanding of healthy eating. Staff received weekly support from a DCCT member of staff delivering the programme in school and a toolkit.

Impact:

Through attending the sessions staff:

- Had a range of practical ideas that they could use to support children's physical literacy across the school day

After the 6-week programme in school:

- Increased staff confidence to deliver physical activity and health education to support good physical development and healthy lifestyles in the early years
- Pupils improved their physical development and knowledge of healthy eating

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Social Action Project

Social action is defined as “young people taking practical action in service of others to create a positive social change that is of benefit to the wider community as to the young people themselves”. Through this programme we work with pupils to improve their school or community using a key theme/ topic.

Planet Super League delivered to the 5 year class.

Impact:

- Young people are inspired or motivated to make a difference to their school/ community
- Pupils are role models and positively influence their peers
- Pupils develop essential life skills
- Pupils encouraged to volunteer

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Resilient Rammie

Six sessions for KS1 or KS2 pupils, to increase resilience, self-esteem and teamwork through a range of classroom based activities. The sessions included:

- Delivery by a qualified and experienced member of the DCCT coaching team
- Using the brand of DCFC to engage the children and link learning to real life examples
- Self reflection, group discussion and an introduction to strategies

Delivered to 1 Year 5 Class

Through hosting these sessions you :

- Engaged children in lessons using the power of sport and DCFC
- Provided opportunities for children to develop their resilience, self esteem and teamwork skills
- Encouraged children to explore topics such as feelings, similarities and differences.

Next steps:

- Winning Minds programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

Lunchtime Club

Lunchtime coaching delivery is designed to engage children in being active during their lunch break. The sessions included:

- Delivery by a qualified and experience member of the DCCT coaching team
- A specific focus agreed in consultation with PE Coordinator
- Progressive sessions over the half term
- A range of sports/activities to choose from

Summer 1&2 – Tuesdays – Girls Only Football

Through hosting this club you :

- Provided opportunities for children to be active during their lunch break, and contributing to their total active minutes for the day
- Provided opportunities for children to improve their knowledge, skills and confidence in the topic/sport being delivered
- Encouraged children to experience an increased range of physical activities/sports

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*
- *Increased participation in competitive sport (KI 5)*

After School Club

Afterschool coaching is designed to provide children with a safe and enjoyable opportunity to learn new skills and be active following the school day. The sessions included:

- Delivery by a qualified and experience member of the DCCT coaching team
- A specific focus agreed in consultation with PE Coordinator
- Progressive sessions over the half term
- A range of sports/activities to choose from

Summer 1&2 – Tuesdays – Yr1&2 Fundamentals

Through hosting this club you :

- Provided opportunities for children to be active following the school day, contributing to their total active minutes for the day
- Provided opportunities for children to improve their knowledge, skills and confidence in the topic/sport being delivered
- Encouraged children to experience an increased range of physical activities/sports

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
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- *Increased participation in competitive sport (KI 5)*

Primary PE Award

This term delegates have been completing the Primary PE Award. This has included the delivery of a unit of work, including observations from DCCT staff. Delegates have also been completing evaluations of their lessons and been provided feedback by course tutors.

Congratulations to Chloe Thorpe for successfully completing this course.

Units Covered:

- Planning physical Education and Sport programmes
- Assessment in Physical Education

Impact:

- Delegates will be more confident and be able to assist PE leads in planning of curriculum content as well as being able to offer more support during assessment of PE across the school.
- Upon completion of the qualification delegates will be qualified and equipped to support the delivery of PE & School Sport

Next Steps:

- Level 5 Qualification in PE Specialism

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- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

NQT Training

Delivered throughout the year, this training is tailored for Newly Qualified Teachers and those with little or no experience of delivering PE.

Units covered over the year;

- Fundamentals of deliver high quality PE
- Differentiation
- Games
- Gymnastics
- Dance
- OAA
- Athletics

Next steps:

- Teacher Support Mentoring to increase knowledge and understanding further

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*

Roadshow

This term we delivered a physical activity roadshow at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed being active, taking part in a variety of activities and challenges.

This term we delivered:

- Team Building Roadshow
- Olympics and Paralympics Roadshow

Impact:

- Pupils enjoy participating and are motivated to take part in physical activity
- Broader experience of a range of activities offered to pupils

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*
- *Increased participation in competitive sport (KI 5)*

