

PE and Sport Premium Grant Spending Plan 2021-22

Allocation: £17,760 **Sports grant coordinator:** Sarah Brownhall (Head of School)

Key achievements to date until July 2020

- Derby County Community Trust Education Champions
- Derbyshire School Sport and Physical Activity – Active and Healthy School Awards
- School Games Mark Gold 2018/19
- Virtual School Games Mark 2019/20
- School Games Mark 2019/20 for the Autumn and Spring Term
- School used as a case study for Key Indicator 1 in OFSTED Good Practice Examples
- SB and CO'R spoke at both the Derby and Nottingham PE conference about PE and parental engagement.
- Over the past 15 years the Bishop Lonsdale Netball team have only finished 1st or 2nd in the Derby West League. The team have attended the County Finals 7 times and the East Midlands Regional Finals 5 times. In 2016/7 Bishop Lonsdale were runners-up and 2018/19 won the tournament.
- In the Big Pedal small school competition in 2018/19 Bishop Lonsdale came 1st in Derby City, 5th in the East Midlands and 71st in the UK (out of 628 schools).
- In gymnastics this year a Year 3 child won all round individual Gold in Derby City Gymnastics competition.
- Staff qualifications: SB achieved Level 5 and Level 6, GM and BR achieved Level 3 Supporting the Delivery of PE and School Sport.

Areas for further improvement and baseline evidence of need:

- Improve fitness levels that have decreased during the COVID 19 pandemic.
- Increase the number of girls engaging in sport and physical activity.
- Continue to increase and maintain the number of children engaged in physical activity.
- Continue to further enhance the range of sports/available for children e.g. tri-golf

Meeting national curriculum requirements for swimming and water safety.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? 72%

What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? 62%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? 21%

Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way? Yes/**No**

Action Plan and Budget Plan

Key:
Green – Action completed **Yellow**-Action due to be completed in 2022-23 **Red**-Not achieved
Purple – Parental Engagement **Turquoise** –Virtual Event **Blue** – Community Link

To access a range of core activities structured around the three areas of Physical Education, School Sport and Physical Activity	<p>Attend DCSSP Welcome meeting</p> <p>Affiliate to Derby City School Sport Partnership (DCSSP) Enhanced package this includes a DCCT coach ½ a day per week.</p> <p>Attend DCSSP conference day</p>	£5000 for the Enhanced package	Access to more competitions, festivals, training and cross curricular programs for all stakeholders.	SB to evaluate the package impact (July 2022)	See Below Unable to attend the conference due to it being on the same day as BL INSET day.
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Key indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
<p>To increase and maintain the number of children and adults engaged in regular physical activity across the whole school.</p> <p>To encourage children and families to have a healthier diet.</p>	<p>Rammie’s Healthy Heroes club (Live It) for targeted children.</p> <p>September Assembly to re-launch the importance of Healthy Eating and Physical Activity.</p> <p>X2 Munch and Crunch Cook and Eat sessions for Year 3 and Year 4</p> <p>After School Munch and Crunch Cook and Eat Sessions for families.</p> <p>Healthy Eating on Zoom for families.</p>	<p>Enhanced package</p> <p>Prizes donated by DCCT and staff.</p>	<p>Children and parents will have an increased understanding of the importance of Physical Activity to keep them healthy.</p> <p>Children and parents will have an increased understanding of the importance of healthy eating including portion size and sugar intake and the impact on the body.</p>	<p>Parent’s participation/ attendance monitored by staff and parental engagement lead.</p> <p>Monitoring lunchboxes after DCCT input.</p>	<p>29 children attended Rammie’s Healthy Hero Club over the year. Each week children took part in either physical activity games outside or healthy eating activities inside. DCCT provided children who were well engaged and making good progress with their knowledge of leading a healthy lifestyle with prizes such as water bottles. Children were given opportunity to attend the Live It program which enabled families to attend fun fitness sessions at Willows and access passes to trampolining. 24 children attended the Live It Program with their families.</p> <p>Rammie’s Healthy Hero/Live IT pupil feedback:</p> <p>100% of pupils said they were happier since they’d taken part in the club.</p> <p>What made you happier?</p> <ul style="list-style-type: none"> • 89% said they felt fitter and stronger • 94% said playing games and having fun • 89% said working with friends • 94% said they felt more confident to have a go at something new or try new foods • 100% said they were eating more

					<p>healthily</p> <p>Year 3 and 4 children enjoyed the practical Munch and Crunch sessions – making and eating healthy pizzas and fajitas. These sessions were followed up with a Cook and Eat session for parents. Due to an outbreak of COVID we did have to limit the number of families attending to twelve.</p> <p>DCCT held a virtual healthy eating bingo and quiz on zoom. This was well attended. Food hampers were provided by BL and Amazon vouchers provided by DCCT.</p>
	<p>Tasting Tuesday Work with school cook to introduce a new fruit or vegetable for school dinner children to try on Tuesday.</p>		<p>Children more likely to try a fruit or vegetable that they have not tried before.</p> <p>Increased number of children trying and eating fruit and vegetables.</p>	<p>SLT and lunchtime staff to get feedback from children on foods they are trying and feedback to school cook.</p>	<p>Head of School worked with school cook to launch 'Tasting Tuesdays'. Initially this was launched on Parent Hub and Twitter to parents and to the children in whole school worship. Staff promoted fruit and vegetables that had not been on the school menu before such as swede and raspberries. Children fed back their opinions. Although this was popular with children it was hard to maintain. Next year Tasting Tuesday will happen once or twice each half term.</p>
	<p>Active School Program launch Audit and development plan regularly reviewed Baseline assessment across school: height, weight fitness and physical development levels measured. Active School assembly to launch program.</p>	<p>Enhanced package</p>	<p>All data ready to start phase 2, 3 and 4 in September</p>	<p>DCCT to collect and collate all baseline data.</p> <p>Termly support and planning meetings with Active school manager</p>	<p>Data provided by Active Schools Team 47% of children increased their fitness levels by the third assessment. They increased their distance ran by an average of 451m in 10 minutes.</p>

	<p>DCCT active schools staff meeting.</p> <p>Staff to share current good practise of physical activity in the classroom</p> <p>Physical activity to be a 'Focus of the Fortnight'</p> <p>Daily Physical Activity Audits to be completed each term.</p> <p>Classes to take part in the daily mile x2/3 weekly.</p>	Staff meeting time	<p>Increased number of lessons across the curriculum containing physical activity.</p> <p>Increased number of children active at wet play and lunchtime.</p> <p>Improved stamina when running the daily mile.</p>	SB and PE subject leads to monitor engagement of children in physical activity.	<p>After the staff meeting there was a visible increase in physical activity in the classroom. DCCT collected feedback from staff -staff particularly enjoyed and were keen to use: Military March times tables, water cycle dance, Number Bond relay race and active story telling.</p> <p>The daily mile was happened across the school. It was particularly successful in Year 6 where he teacher introduced personal challenges and achievement certificates.</p> <p>The daily physical activity was only completed once during the year and showed that daily physical activity increased by 27minutes (not including lunchtime).</p>
	<p>Year 4 children to take part in the 'Joy of Moving' program.</p> <p>Year 5 Joy of moving festival</p>	Enhanced package	<p>Children have an increased awareness of the importance of being active and eating a balanced diet.</p> <p>Children understand the impact of physical activity on body and mind.</p>	SB and PE subject leads to monitor engagement of children in physical activity.	<p>Due to clashes in time table Year 3 completed the Joy of moving program in the Autumn term</p> <p>Feedback from children was positive. Year 3 teacher was positive about the program and was able to use knowledge learnt in the sessions throughout the year.</p>
	School Website – dedicated pages for parents on how to eat healthy and stay active at home.	Release time for LB and AJ	Parents will be well informed on how to eat healthily and stay active at home.	Feedback from parents using questionnaires.	There continues to be a well-being section on the school website. This section has dedicated tabs for healthy eating and keeping fit. This needs to be promoted more next year.
To improve core strength and fine motor skills in EYFS	<p>Rammie's Mini Movers Program to be delivered alongside DCCT during Summer 1 once a week to Nursery children and identified Reception children.</p> <p>Staff training Autumn 2</p>	£500	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills	Evaluate the program itself and the impact with DCCT staff.	<p>Both Early Years teachers attended Mini Movers training. All staff in the unit including the supply teacher who covers in EYs are now trained in delivering this program.</p> <p>Both nursery and reception took part in this program. In terms of knowledge of healthy eating the majority of children made progress. However, as this was delivered in the Summer term it didn't have as much impact as when delivered in the Autumn term, due the physical development of the children not matching the activities. The</p>

					program had more impact on nursery children than reception.
To take part in DCCT Little Live Its pilot project.	<p>Aimed at Reception identified as being overweight. A 6-week program delivered after school at Tubby Bears soft play-centre. Children have an interactive play session, supported by a DCCT member of staff, whilst their parents attend an informal learning workshop, which covers a range of topics delivered by a Live Well advisor and early years expert.</p> <p>Identify children, give letters to parents.</p>	Free	<p>Raise the skills and knowledge of parents to support their child with leading a healthier lifestyle including:</p> <ul style="list-style-type: none"> - Easy and fun ways to increase physical activity - Easy ways to increase fruit and vegetables - Simple recipes and ideas for healthier snacks 	Evaluate the program itself and the impact with DCCT staff.	<p>Eight Bishop Lonsdale families attended the Little Live It program alongside other families from local schools. Parents found the sessions informative and were grateful for the free access to soft play for all the children in their families. DCCT fed back that Bishop Lonsdale parents engaged particularly well and gave honest, constructive feedback which they will use to develop the program further next year.</p>
To improve handwriting skills in Year 1 and 2	<p>All Year 1 and 2 children assessed in Physical Literacy</p> <p>Key staff to attend physical literacy training Autumn 2</p> <p>Six-week physical literacy intervention program.</p>	Enhanced package	Improved core strength and handwriting for Year 1 and 2 children	Re assessment of Year 1 and 2 children.	<p>Year one and two staff attended physical literacy training. All year one and two children were assessed by DCCT staff. Although challenging to fit into an already busy timetable all children completed the six-week intervention.</p> <p>Data provided by Active Schools Team 4 out of 5 children improved their physical development with 4/5 at age-appropriate physical development at the end of the 6-week intervention. Pupils increased their average milestone score from 9.2 to 13.8</p>

<p>To engage vulnerable groups in extra physical activity.</p>	<p>X 10/12 DCCT KS1 Pupil Premium lunchtime physical activity club</p> <p>X12 SEND KS2 children extra PE/physical activity session</p>	<p>Enhanced package</p>	<p>Targeted children have access to organised play and physical activity for a sustained period.</p> <p>Develop core strength, stamina and communication skills.</p>	<p>Staff to monitor target children during PE lessons and the mile.</p> <p>Staff to monitor core strength and communication skills in class.</p> <p>EYFS lead to look at progress data for Physical Development and Communication and language</p>	<p>Key stage one children were keen to take part in this lunch time club. Not only did it improve physical skills it developed communication and language skills and allowed children to build relationships by working collaboratively – skills which had been lost during COVID lockdown. The KS2 SEND children were keen to attend this club each week. They grew in confidence particularly when playing team games. There were some children who missed session or were late to sessions as they had not gone for lunch at the correct time. Next year we will consider the use of 'Early Lunch Passes' to remind children to attend.</p>
<p>To improve children's balance and coordination.</p> <p>All children to be able to ride a bike with confidence and safely by the time they leave primary school.</p>	<p>Book Dr Bike</p> <p>Book Cycle Derby to deliver a 'Cycle Fortnight' during Autumn 1</p> <p>Balanceability – Nursery and Reception</p> <p>Learn to Ride – Year 1, Year 2</p> <p>Bikeability – Pre-level 1 Year 3</p> <p>Bikeability Level 1 - Year 4</p> <p>Bikeability Level 2 – Year 5, Year 6</p> <p>Bikeability Level 3 – Y6 confident riders</p> <p>Ditch your stabilisers – KS2 non-riders</p> <p>Cycle Cross – Year 5 and 6</p> <p>Velodrome Trip – 12 Year 6 children</p> <p>Enter Cyclo Cross competitions throughout the year.</p>	<p>Free</p> <p>£750</p> <p>£65.00</p>	<p>Children and parents have bikes which are roadworthy.</p> <p>All children will experience riding a bike.</p> <p>An increased number of children will be able to ride a bike confidently and safely.</p> <p>UKS2 children will have a good understanding of road safety.</p> <p>UKS2 children will experience different styles of riding.</p>	<p>Record how many families take up the opportunity to have bikes fixed.</p> <p>Evaluate the programs</p> <p>Record how many children can ride a bike.</p>	<p>Dr Bike was a success. Throughout the day 26 bikes were serviced, fixed or advice slips issued. This offer was available and used by all stakeholders. Parents were very grateful of this service.</p> <p>During cycle fortnight all children across the school received cycle lessons. 91% children of Upper Key Stage 2 children passed level two Bikeability and 6 children were recommended to do level 3. Due to time restrictions in the Summer term we were unable to deliver Level 3.</p> <p>Cycle Derby delivered 'Cyclo Cross' to the Year 5 and 6 children. For the first time all children in Year 5 and 6 (60 children) could ride a bike. The instructors were complimentary of the children's attitudes and behaviours. Bishop Lonsdale entered two cyclo-cross competitions this year. For the first time ever, the team placed in both</p>

					competitions. Third in the Autumn term and first place in the summer competition.
	<p>Enter and take part in Stand Up Derbyshire event.</p> <p>Take part in 'Bike to School Week.'</p> <p>Take part in National Fitness Day.</p> <p>Take part in the 'Big Walk and Wheel.'</p>	<p>Free</p> <p>Free</p> <p>Free</p> <p>Cost of fruit and juice £100</p>	To increase the number of families walking/riding/scooting to and from school.	Record number of families taking part in these events.	<p>PE leads successfully organised National Fitness Day and Stand up Derbyshire. Staff and children engaged well. We also took part in National Schools Football week. All KS2 classes took part in fun, cross curricular football themed activities. AJ also engaged the whole school for the football themed day 'Monster Kick About'. The whole school were encouraged to take part in 'Bike to School' week. Once again Bishop Lonsdale took part in the 'Big Walk and Wheel' fortnight. The school finished 1st in Derby City (for schools of our size), 9th in the Midlands and 64th in the UK.</p> <p>To encourage families to engage with the about events school provided drink stations, fruit stations and breakfasts. There was a visible decrease in cars during these events and punctuality was better.</p>
To increase the number of intra school sports and activity programs	<p>School Sports Council Training for staff and children.</p> <p>School Sports Council to lead on mini leader activities, lunch time physical activity and inter house events.</p> <p>School Sports Council plan and deliver inter house timetable Autumn 1: Inter house Netball Autumn 2: Inter house Kurling Spring 1: Inter house Hockey Spring 2: Inter house Football Summer 1: Inter house Rounders Summer 2: Inter house Tug of War</p>	Enhanced package	<p>All children access competitive sport against children of own age within our school.</p> <p>All children have the opportunity to represent their house, work collaboratively and develop team spirit.</p>	Record participation and collect views of children on the competitions.	<p>Sports Council were trained by Mrs Rose and DCCT. They were proactive throughout the whole year organising and supervising inter-house events, sports day and other events such as the visit from the Commonwealth games mascot.</p> <p>This year we had 43 trained mini leaders. Throughout the year they delivered many games for Key Stage One and Reception, plus football, hula hooping and dance for Key Stage Two children. Bishop Lonsdale have now run a successful mini leader program for fifteen years.</p>

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole-school improvement

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enhance the Christian ethos of the school by working collaboratively in school teams.	<p>Deliver Whole School Worship on Sports Values</p> <p>Display the Sports Values. On sports board and in the hall near altar.</p> <p>Ensure Sports Values are revisited during PE lessons and when children have taken part in competitions and events in and out of school.</p>	Free	Children demonstrate the Christian and British values throughout inter and intra competitions.	Observe children during competitions and festivals on and off site.	<p>A Sport's Values Worship was delivered by the Head of School. The values are displayed in the hall and in the Sports Corner. Children are reminded of the Sports Values at Inter House events and when taking part in festivals and competitions.</p> <p>Over the year many parents from both our school and other schools plus staff from other schools have commented on the values demonstrated by Bishop Lonsdale Children.</p> <p>At a netball match staff at Portway Junior school described the team as kind, humble and supportive.</p>
To explore new ways to develop team values and personal qualities.	A member of staff to take part in 'Bags of Character' training	Free for host school	New ideas available to develop character building.	Staff member to feedback to SLT	<p>CT attended this training and found it useful for her own professional development with regards to behaviour management. She also gave feedback to the staff about the training.</p> <p>To deliver this program requires many resources. At the moment this is not a priority program for Bishop Lonsdale.</p>
To ensure children have a good knowledge of what bullying is and how to deal with it.	<p>DCCT to deliver a whole school anti-bullying assembly.</p> <p>DCCT to deliver an anti-bullying workshop in Year 4.</p> <p>Whole School to take part in Anti-Bullying week</p>	<p>Enhanced Package</p> <p>CB</p>	Children able to discuss what bullying is and how it can be prevented and dealt with.	Continue to report and monitor incidents of bullying.	<p>Children listened attentively and asked and answered questions well during the assembly and the workshop.</p> <p>Children took part in 'Odd Socks' day to promote anti bullying.</p> <p>There were no recorded incidents of bullying this year.</p>
To ensure children have a good knowledge of what racism is and how to deal with it.	DCCT to deliver a whole school anti-racism assembly.	Enhanced Package	Children able to discuss what racism is and how it can be prevented and dealt with.	Continue to report and monitor incidents of racism.	<p>Children listened attentively, engaged well and were able to answer the majority of questions asked of them correctly.</p> <p>Year 5 children and staff found the work shop informative.</p>

<p>To ensure children have a good knowledge of how to stay safe when using the internet.</p>	<p>DCCT to deliver a whole school safer internet assembly.</p> <p>DCCT to deliver a safer internet use workshop in Years 4 and 5.</p>	<p>Enhanced Package</p>	<p>Children can talk about how to use the internet safely.</p>	<p>Class teachers to monitor engagement of children in activities.</p>	<p>Over the past few years Bishop Lonsdale have provided children with safer internet information. This year it is even more of a priority, with evidence of more children on social media than ever before. Alongside other strategies such as I-Vengers, DCCT delivered an informative assembly and sessions on safer internet use.</p>
<p>To engage children who lack motivation in maths.</p> <p>To improve progress and raise attainment in maths.</p>	<p>Implement Match Day Match 10 week intervention program for targeted Year 6/5 children.</p> <p>DCCT to deliver World Maths day assembly and workshops.</p>	<p>Enhanced Package</p>	<p>Children more engaged in maths lessons, due to increased confidence.</p>	<p>Lesson observation focusing on engagement of children from program.</p> <p>Analyse end of year data.</p>	<p>After swapping the programs according to the need of the individuals, Year 5 took part in match day maths. Children were selected who had low engagement in maths lessons. Engagement with maths did improve for many,</p>
<p>To stimulate literacy engagement in children who love football but lack motivation in reading.</p>	<p>Implement Premier League Reading Stars 10 week intervention program for targeted Year 5/6 children.</p> <p>DCCT to deliver World Book day assembly and workshops.</p>	<p>Enhanced Package</p>	<p>Children more engaged in reading at school and at home.</p>	<p>Class teacher/TA to monitor the number of reading tickets brought back to school.</p> <p>Children show a willingness to discuss the books they have read.</p>	<p>Eight Year 6 children attended the reading stars program. Again, children were selected based on low level of engagement in reading at home and in school. Vulnerable groups were also taken into consideration. Feedback from the children was positive. One child was particularly keen to take part in the program as his brother had featured in the promotional video a few years ago. DCCT were very generous in donating many books for the school to use in the library over the year. The World Book Day assembly and workshops were well received by staff and children.</p>
<p>To inspire and engage pupils who lack motivation with writing skills through football and other sports.</p>	<p>Implement Premier League Writing Stars 10 week program for targeted Year 2 children.</p>	<p>Enhanced Package</p>	<p>Children more engaged in writing at school and at home.</p>	<p>Class teacher to monitor willingness of children to engage in writing activities across the curriculum.</p>	<p>Although DCCT have previously delivered writing stars for Key Stage 2 children it was still a pilot project this year for Key stage One. Eight Year 2 children were selected to take part in this program during the Summer Term. All children worked hard over the half term and were rewarded for their efforts with a stadium tour of Pride Park.</p>

<p>To address pupils' health and well-being around SATs and transition to Year 7.</p>	<p>Implement Winning Minds package – X2 six week interventions, pre-SATs and pre-transition via classroom based activities. X2 Festivals post-SATs and pre-transition. Targeted interventions available for those who need it.</p>	<p>Enhanced package</p>	<p>Children mentally prepared for SATs and transition to secondary school.</p>	<p>Observe children's behaviour leading up to and throughout these key milestones.</p>	<p>The resources were very well received and clear for the children to follow. It allowed the children to discuss their feelings as they came up to SATs. Children were given good advice on the best preparation for SATs and advice on transition to secondary school A sociogram was also developed as part of the program. Target children were identified and took part in an intervention to develop social skills including how to deal with challenging social situations which they may come across in everyday life.</p>
<p>To increase resilience, self-esteem and team work.</p>	<p>Resilient Rammie Program X6 sessions of classroom, based activities for Year 4</p>	<p>Enhanced package</p>	<p>Pupils demonstrate resilience, self-esteem and team work in all areas of the curriculum.</p>	<p>Staff to monitor impact of program.</p>	<p>The Resilient Rammie program has supported the school's PSHE delivery well. The program was well received by the Year 4 teacher, who fed back that it was useful to have something to refer back to when talking about resilience throughout the year.</p>
<p>To develop core strength and fundamental skills of UKS2 SEND children. To improve co-operation and speaking and listening skills.</p>	<p>DCCT to deliver Multi Sport lunchtime sessions to UKS2 SEND children. Inclusion Manager to advise DCCT sports coach on specific requirements.</p>	<p>Enhanced package</p>	<p>Improvement in skills transferred to all areas of the curriculum.</p>	<p>CB to monitor the impact the program has on children in class.</p>	<p>Inclusion manager advised DCCT coach on specific needs of the children in group. The coach found this information very useful when planning activities. Also see Key Indicator 1</p>
<p>To improve the communication and listening skills of Pupil Premium children in KS1</p>	<p>DCCT to deliver lunchtime multi sports club during the Spring term.</p>	<p>Enhanced package</p>	<p>Children demonstrate better listening, understanding and speaking skills in class.</p>	<p>SB to monitor lunchtime incidents and TABS involving targeted children.</p>	<p>See Key Indicator One</p>

To establish a School Sports Council.	<p>Choose team captains – they will lead the Sports Council.</p> <p>Identify one child from each class with a keen interest in sport and physical activity to represent their year group.</p> <p>DCCT to provide training for children and staff.</p> <p>Sports Council to organise Inter House Events.</p>	Enhanced package	Children to have a bigger input on which sports and physical activities are delivered in school including inter house competitions and extra-curricular clubs.	<p>Staff and children to evaluate training.</p> <p>BR to liaise with SB about school council.</p>	See Key Indicator One
To engage parents in their children's PE, sport, physical activity, healthy eating and healthy mind.	<p>Promote events using Twitter.</p> <p>Tweet photos of children taking part in healthy eating, sport, PE and physical activity.</p> <p>Dedicated pages on the school website for healthy eating, healthy bodies and healthy minds.</p>	Release time for staff to update website and Twitter	<p>Parents have a good understanding of the PE, sport, physical activity, healthy eating and healthy mind activities being delivered in school.</p> <p>An increased number of followers on Twitter.</p>	Monitor number of Twitter followers.	<p>We know have 266 followers on Twitter where we continue to showcase how our Sports Premium is spent.</p> <p>There continues to be a well-being page on the school website which includes sections on healthy eating and fitness as well as mental health and well-being</p>
To develop links with clubs in the community.	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	Year 6 attended Crown Green Bowling for five weeks. They enjoyed taking part in a new sport. They behaved exceptionally well and the club have invited us to attend again next year. The staff also enjoyed taking part in this activity!

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To ensure PE leads have a good understanding the PE curriculum throughout the school.	Statement of intent, progression grids and key vocabulary written, share with staff and on the website.	Subject lead release time	Progressive PE curriculum delivered throughout the school.	CO'R to check intent, progression grids and key vocabulary before sharing with staff.	CO'R spent a whole day working with the two PE leads (AJ and LB). PE intent, progression grids and key vocabulary were evaluated and further improved. The group worked together well to explore assessment in PE. Guidance on writing subject leader action plans given.
To increase, confidence, knowledge and skills in leading the PE curriculum.	<p>CO'R to observe subject leader PE lessons and support PE leads in monitoring PE.</p> <p>Attend DCCT New PE Co-</p>	<p>CO'R supply</p> <p>Enhanced package</p>		CO'R feedback to SB.	CO'R advised AJ and LB on best practice with regards to monitoring. Paired lesson

	<p>ordinators meeting.</p> <p>Attend DDAT PE Network meetings throughout the year.</p>	DDAT training package			<p>observations took place and work on to give constructive feedback was given. CO'R was impressed by the attitudes of the new PE leads. Likewise, AJ and LB were appreciative of the support they had been given and have increased confidence as subject leaders.</p> <p>Good use of PE planning and assessment was recognised during a DDAT Record of Visit in Autumn 2022.</p> <p>All subject leader and network meetings provided by DCCT and DDAT have been attended by the subject leads.</p> <p>Alongside DCCT, SB has facilitated the PE network meetings for DDAT.</p>
To increase confidence, knowledge and skills in supporting the emotional and social well-being of pupils through Physical education.	AJ and LB to attend and complete Level 4 training	X2 £250	PE leaders confident to lead other staff in supporting pupil well-being through PE.	DCCT assessment tasks and observations.	AJ and LB have both completed the Level 4 in PE and Pupil Well Being.
To increase confidence, knowledge and skills of staff in the teaching of curriculum PE.	<p>DCCT to deliver teacher support for Gymnastics Year 2</p> <p>AM Sports to deliver Teacher Support</p> <p>Dance Y5 and Y6</p> <p>OAA Y5 and Y6</p> <p>Gymnastics Y3 and Y4</p> <p>Staff to attend any other training provided by DCCT throughout the year.</p>	<p>Enhanced Package</p> <p>AM Sports Payment</p> <p>Enhanced Package</p>	<p>Teachers confident in delivering areas of previous weakness.</p> <p>Teachers deliver good or better curriculum PE lessons.</p>	Feedback from staff	<p>All support identified to be delivered by DCCT and AM Sports took place. The OAA work delivered by AM sports in Year 5 and 6 was particularly well received by both staff and children. Lots of new ideas for engaging children in OAA. Next year resources for OAA need to be prioritised.</p> <p>Both PE leads attended the FA primary football development day.</p> <p>Curriculum PE teaching and learning across the school is good. Assessment in some classes needs to be developed.</p>
To create female PE role models in school and engage more girls in the PE curriculum.	LB to attend 'This Girl Can Champions' training.	Enhanced Package	Trained member of staff to promote opportunities for girls in PE, sport and physical activity.	Monitor the engagement of girls in PE.	This Girl Can training wasn't attended. However, LB attended all 'FA Shooting Stars' training. A girl's football program delivered through the love of Disney. Free resources were provided. LB went on to

					deliver the program, to girls in Year 2, 3 and 4. All children who attended were very positive about the club. All children made good progress with their football skills.
To re- establish a School Sports Council	<p>Identify a member of staff to lead the Sports Council.</p> <p>Choose house captains and representatives for each year group.</p> <p>Children and staff to be trained by DCCT staff</p>	Enhanced Package	<p>Children will have more input into intra sports competitions and activities.</p> <p>All children will be able to make suggestions about physical activity via the Sports council.</p> <p>Representatives will develop leadership skills</p>	House captains to regularly feedback to SLT.	See Key Indicators 1 and 2.

			when organising events.		
Staff trained to improve core strength and fine motor skills in EYFS	Staff training led by DCCT Autumn 2	Enhanced Package	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills.	Evaluate the program itself and the impact with DCCT staff.	See Key Indicator 1
To train staff to deliver the physical literacy program,	RH and DP to attend DCCT physical literacy training.	£500	Teachers and TAs able to deliver program to improve core strength and handwriting for Year 2 children.	Re assessment of Year 2 and Year 1 children.	See Key Indicator 1

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To offer OAA activities in curriculum PE on site in KS2.	AM Sports to support the delivery of OAA in KS2	AM Sports Payment	Children will take part in new activities during the PE lesson. Children experience team building activities and improve perseverance as well as self-esteem.	Staff feedback. Class feedback.	See Key Indicator 3
To introduce new sports and physical activities in school.	Team Rubicon to deliver Skateboarding sessions to Year 5 and 6.	£360	Children will take part in a physical activity that they have not done before.	Feedback from children and staff.	This was very well received by both staff and children. Not only did it provide information about skateboarding as a sport, it also encouraged communication and co-operation skills between children – it was also a lot of fun. Children taking part in scooting demonstrated a high level of co-ordination when learning new skills. Many parents (even those lower down the school) were impressed with range of activities we offer the children.
To expose new/different children to existing sports in school.	Team Rubicon to deliver Scooting Year 3 and 4.		Children will develop new skills when riding a scooter/skateboard. Opportunities to practise perseverance.		
To increase the number of children experiencing a broader range of sports and physical activities.	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	See Key Indicator 2
	Year 6 Enrichment Week to include activities such as climbing.	TBC	Ensure all Y6 children have the opportunity to take part in enrichment week.	Feedback from children and staff. Monitor children's engagement levels.	The Year 6 children visited 'Clip and Climb' during the summer term. The children had a great time. It was noted by Clip and Climb staff and BL staff how well-behaved children were. They also demonstrated many sporting values whilst there.
	Enter more festivals for all ages and targeted groups of children including, Boccia, Tri-Golf and Multi Sports Festivals for EYFS/KS1	Enhanced package Transport costs	More children taking part in sport and physical activity across school than last year.	Monitor number of children taking part in activities. Monitor participation level of children from vulnerable groups.	An Excel Document has been created to record how many events/clubs/competitions each individual child takes part in. This allows us to identify children who are not engaging in sport and physical activity at an early stage. We can then target them for future events. Although the system identifies vulnerable groups, it does not calculate for

				<p>example how many SEND children have taken part in events. This is a point for development next year.</p> <p>Y5/6 Army team building event – 8 Y3/4 Bench Ball Festival – 15 Y5/6 Bee Netball Festival - 10 Y2 Xmas Mega fest – 30 Y5 Joy of Moving Festival - 30 Y2 Sportshall athletics - 30 KS2 Dance Festival - 30 Y1 Commonwealth Games Mega Fest - 30 Y3 Commonwealth Games Festival -32 Y3/4 Shooting Stars Festival - 12 Whole School Commonwealth Games Festival including archery and boccia - 220</p>
<p>Offer before and after school clubs:</p> <p>School Staff Netball Dance Cross Country Bench ball Shooting Stars girls football Cricket Gardening</p> <p>AM Sports Gymnastics Boxing Football (Before School) Hockey Zumba</p> <p>DCCT Tag Rugby Girls football Multi sports club Fundamentals club</p>	<p>Free</p> <p>AM Sports payment</p> <p>Enhanced package</p>	<p>More children taking part in sport and physical activity clubs across school than last year.</p>	<p>Monitor number of children taking part in clubs.</p> <p>Monitor participation level of children from vulnerable groups.</p>	<p>Y5/6 Boxing - 20 Y5/6 Football - 13 Y3/4 Gymnastics - 24 Y5/6 Netball - 35 Y2/3 Girls footy 19 Y3/4 Bench Ball 20 Y2 Fundamentals - 16 Whole School Zumba Approx. 30 different children each Friday KS2 Dance club – 30 Y3/4 shooting stars - 12 KS2 Gardening Club – 10 Y3/4 Bench Ball – 20 Y3/4 Multi Sports – 16 Y5/6 Hockey – 20 Y5/6 Boxing – 20 Y5 Girls Footy – 13 Y3 Tag Ruby – 12 Y5/6 Cricket - 14</p>

	<p>Cycle Derby 'Cycle Fortnight' during Autumn 1 Balanceability – Nursery and Reception Learn to Ride – Year 1, Year 2 Bikeability – Pre-level 1 Year 3 Bikeability Level 1 - Year 4 Bikeability Level 2 – Year 5, Year 6 Bikeability Level 3 – Y6 confident riders Ditch your stabilisers – KS2 non-riders</p> <p>Cycle Cross – Year 5 and 6 Velodrome Trip – 12 Year 6 children</p>	<p>£750</p> <p>£65.00</p>	<p>All children will experience riding a bike.</p> <p>An increased number of children will be able to ride a bike confidently and safely.</p> <p>UKS2 children will have a good understanding of road safety.</p> <p>UKS2 children will experience different styles of riding.</p>	<p>Monitor and record how many children across the school can ride a bike.</p>	<p>See Key Indicator 1</p>
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<p>Improve basic fundamental skills and provide opportunities for children to try new games and activities.</p>	<p>Reception children to take part in DCCT 'Fundamentals through Play' sessions.</p>	<p>Enhanced package</p>	<p>Increased engagement of Reception children in PE.</p>	<p>EYFS staff to monitor the engagement of children in PE lessons.</p>	<p>All reception children took part in the 'Fundamentals through Play' sessions. This was delivered during the Summer term. As with Mini Movers this would be better delivered earlier in the Year.</p>
<p>Engage more girls in the PE curriculum, sport and physical activity.</p>	<p>LB to attend 'This Girl Can Champions' training.</p> <p>Children to take part in 'This Girl Can Champions' training, lessons and clubs.</p>	<p>Enhanced Package</p>	<p>Trained member of staff to promote opportunities for girls in PE, sport and physical activity.</p>	<p>Monitor the engagement of girls in PE.</p>	<p>See Key Indicator 3</p>
<p>To inspire and engage pupils to have a positive impact in their community.</p>	<p>Year 5 and 6 to take part in 'Champions for Change' social action project.</p>	<p>Enhanced Package</p>	<p>Children will be involved in a project which has a positive impact on the wider community.</p>	<p>Staff and children to evaluate and feedback on the project.</p>	<p>Year 5 children received the Black, White and Green program in class. This six-week program focused on climate change. At the end of the project the children visited the Young People's Forest at Mead. Children spent the session installing vole guards to protect saplings. Children had a good understanding of the purpose of this trip. A group of Year 5 children told Year 6 children about the trip, The Year 6 children were very keen to do this too so visited the Forest as part of enrichment week. They also took part in climate</p>

					change activities. Extra Community Work Bishop Lonsdale successfully collected Easter Eggs on behalf of DCCT. We also continued to support their Food Bank Hub throughout the year.
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Key indicator 5: Increased participation in competitive sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enter more competitions than previous year.	Entry to DCCT Super School Competitions.	Enhanced package Transport costs	Increase the number of opportunities for competitive sport in and out of school.	Monitor number of children taking part in competitions. Monitor number of children in vulnerable groups taking part in competitions	Tracking system See Key Indicator 4 Y5/6 EFL Cup - 10 Y5/6 Gymnastics competition -6 Y5/6 Netball League -8 Y5/6 Bee Netball Competition - 8 Y5/6 DDAT Cricket Competition -14 Y5/6 Cyclo Cross Competition x2 - 7 Y5/6 Netball Friendly St Peters -12 Y5/6 Football Friendly St Werbergh's -13 Whole School Competitive Sports day -220

To set a personal challenge target in order to raise funds.	DCCT and the Sports Council to plan and deliver a sponsored event to raise money for a school project.	Enhanced package	Children will demonstrate perseverance and resilience. Raise funds for school.	Children to record personal challenges.	This will roll over to next year – unfortunately time was a restriction here.
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To inform and encourage children to participate in competitive sport out of school.	Advertise football, netball and other sports taking place in the local community – leaflets, parent hub, website Twitter	Free	Parents will be informed of sports clubs and activities that are available outside of school.	Monitor engagement of children in sporting clubs outside of school using questionnaires.	Holiday and after school activities run by DCCT and Cycle Derby are promoted on Twitter, Parent Hub and Newsletters. Some children compete in sports out of school e.g. swimming, football and gymnastics. Parents encouraged to put pictures on Twitter. The Commonwealth Games was a huge driver for participating in sport this Year. We were proud to host 'Perry the Cow' the Commonwealth games mascot. This was thanks to a parent winning the visit and
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					<p>directing him to our school. Perry hosted an assembly, took part in the festival and presented our competition winners with medals.</p> <p>DCCT family trust has been promoted to parents via Twitter. A scheme where the public donate money to DCCT so they can give match tickets to families who may never be able to afford to attend a match. Families at Bishop Lonsdale have benefitted from this scheme and were very grateful.</p>
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Supporting documents:
Active Schools Report 2021-22
SIAMS report 2022
PE Action Plan 2021 -22