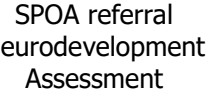


Bishop Lonsdale Early Help Directory of Support


ASD/ ADHD Neurodevelopment Assessments

Organisation	Website	Contact	Overview
<p>SPOA referral Neurodevelopment Assessment</p> 	https://www.derbyshirehealthcare.nhs.uk/services/childrens-mental-health-services-camhs-derby-and-southern-derbyshire/im-professional/single-point-access-referral-form	<p>Single Point of Access, Temple House, Mill Hill Lane, Derby DE23 6SA 0300 7900 264 dhcft.SPOA@nhs.net</p>	<p>If you have concerns about a child's social, behavioural and sensory needs you can make a referral to the Community Paediatrician Service.</p>







Bereavement

Organisation	Website	Contact	Overview
<p>Laura's Centre</p> 	Services - The Laura Centre	<p>14 Vernon St, Derby DE1 1FT 0116 254 43 41 info@thelauracentre.org.uk</p>	<p>The Laura Centre offers support for grieving children through play and talk therapy.</p>
<p>Treetops</p> 	Counselling and Emotional Support Service for children and young people dealing with bereavement - Treetops Hospice	<p>Treetops Hospice, Derby Rd, Risley, Derby 0115 949 6944 info@treetopshospice.org.uk</p>	<p>Treetops provide counselling to support grieving children. Grieving children may display problems with sleep, eating, learning at school, have feelings of anger and anxiety.</p>

Hearing Impairment


Organisation	Website	Contact	Overview
<p>Specialist Teaching and Psychology Service (STePS)</p> 	https://schoolsportal.derby.gov.uk/steps/	<p>01332 641400 stepsadmin@derby.gov.uk</p>	<p>They offer a range of services including:</p> <ul style="list-style-type: none"> • providing information advice, support and guidance to parents, families, carers and teachers of babies, children and young people with hearing impairment • individual tuition • in-class advice and support for CYP, teachers, teaching assistants and support workers • audiological assessment • language assessments • training for school / early years setting staff in deaf awareness and specifically to enable them to support a named child.

Mental Health and Emotional Wellbeing


Organisation	Website	Contact	Overview
<p>Building Sound Minds – Action for Children</p> 	<p>Build Sound Minds Overview Action for Children</p>	<p>Revive Healthy Living Centre, 23 Roe Farm Lane, Chaddesden, DE21 6ET 01332 679379 afcbmdd.bsm.dd@nhs.net</p>	<p>Building Sound Minds Offers one to one, group work and telephone short-term support with emotional and behavioural difficulties, behaviour problems which are not caused by any physical difficulties, anxiety, depression, stress, adjustment reactions(transition), phobias, self-harm, bereavement, separation and anger management.</p>
<p>CAMHs – Children’s Mental Health Service</p> 	<p>Children's mental health services (CAMHS) - Derby and southern Derbyshire :: Derbyshire Healthcare NHS Foundation Trust (derbyshirehealthcareft.nhs.uk)</p>	<p>Temple House, Mill Hill Lane, Derby DE23 6SA 0300 790 0264</p>	<p>CAMHs support children and parents with all types of mental health difficulties. On the website there is information and advice for children, parents and professionals. All support provided is tailored to the needs of the individual.</p>
<p>Changing Lives – Action for Children</p> 	<p>What we offer Action for Children</p>	<p>Revive Healthy Living Centre, 23 Roe Farm Lane, Chaddesden, DE21 6ET 07866 062740 (Heather) afcbmdd.adminchanginglives@nhs.net</p>	<p>Changing lives one to one, group work and telephone short-term support with emotional and behavioural difficulties, behaviour problems which are not caused by any physical difficulties, anxiety, depression, stress, adjustment reactions(transition), phobias, self-harm, bereavement, separation and anger management</p>
<p>Child Line</p> 	<p>https://www.childline.org.uk/kids</p>	<p>NSPCC Weston House, 42 Curtain Road, London, EC2A 3NH 0800 1111 help@nspcc.org.uk</p>	<p>Offering a free, private and confidential service information and advice to children and young people. Online chat and phone line to offer support.</p>
<p>Elsa Support</p> 	<p>https://www.elsa-support.co.uk/about-elsa-support/</p>		<p>Emotional Literacy Support materials that cover - bereavement, strong emotions</p>
<p>NSPCC Helpline</p> 	<p>https://www.nspcc.org.uk/keeping-children-safe/our-services/nspcc-helpline/</p>	<p>0808 800 5000 help@nspcc.org.uk</p>	<p>If you're worried about a child, even if you're unsure, contact our professional counsellors for help, advice and support.</p>

<p>Place2be (Children's mental health service)</p> 	https://www.place2be.org.uk/our-services/parents-and-carers	<p>020 7923 5500</p>	<p>They work with schools to support children's mental health. As part of this, they offer advice and resources for parents and carers to help support their child or young person's wellbeing.</p>
<p>School Health/Nurse</p> 	<p>School Nursing Team Support :: Derbyshire Healthcare NHS Foundation Trust (derbyshirehealthcareft.nhs.uk)</p>	<p>0300 123 4586 option 3 dmh-tr.childfamily-derby@nhs.net</p>	<p>The school nursing service offers support with healthy eating and weight management, hearing, toileting, sleeping, low moods, anger management, anxiety, self-harm and body image.</p>
<p>SHOUT 85258</p> 	<p>https://giveusashout.org/get-help/</p>	<p>Text SHOUT to 85258</p>	<p>For free, confidential support, 24/7</p>
<p>The Lighthouse</p> 	<p>https://www.derby.gov.uk/health-and-social-care/disabilities/disabled-children-and-young-people-the-lighthouse/</p>	<p>The Light House St Mark's Road Derby DE21 6AL 01332 256990 thelighthouse@derby.gov.uk</p>	<p>The Lighthouse supports children with a diagnosed disability- it can provide support for the family and the children through short breaks</p>
<p>Young Minds</p> 	<p>https://www.youngminds.org.uk</p>	<p>Derby</p>	<p>If you are worried about a child or young person's behaviour or mental health, then you can get help here.</p>

Speech and Language

Organisation	Website	Contact	Overview
<p>Speech and Language Therapy Service</p> 	<p>www.speech.derby.nhs.uk.</p>	<p>Speech and Language Therapy Service Ilkeston Community Hospital Heanor Road Ilkeston Derbyshire DE7 8LN 01332 888060 dchst.SLTcentralreg@nhs.net</p>	<p>If you are concerned about a child's Speech and Language a referral can be made to the service.</p>

Vision Impairment

Organisation	Website	Contact	Overview
<p>Specialist Teaching and Psychology Service (STePS)</p> 	https://schoolsportal.derby.gov.uk/steps/	<p>01332 641400 stepsadmin@derby.gov.uk</p>	<p>They offer a range of services including:</p> <ul style="list-style-type: none"> • home visits • support with play and development • advice on toys and equipment • sensory room sessions • support with the transition into a child's first school place and then on-going • support and advice for children, teachers, teaching assistants and support workers in the school environment including reading and writing materials, seating positions, mobility and classroom resources.

General Support

Organisation	Website	Contact	Overview
<p>Umbrella</p> 	https://umbrella.uk.net	<p>Umbrella House, 64 Birdcage Walk, Mackworth, Derby, DE22 4LD 07889 214954</p>	<p>Umbrella supports any family with a disabled child or young adult aged 5 to 30. Umbrella is able to support a child or young adult no matter what their disability as our services are person centred to meet individual needs.</p>
<p>SENDIASS</p> 	https://derbysendiass.org.uk	<p>01332 641414 SENDIASS@derby.gov.uk</p>	<p>Free confidential, impartial information, advice and support for parents, children and young people up to the age of 25 about Special Educational Needs and Disabilities</p>