



Autumn Term 2018 Report

Bishop Lonsdale
Primary School





Derby County Community Trust are the Official Charity of Derby County Football Club.

Registered Charity Number 1123520

As a charity working at the heart of the community, our mission is to use the power of Derby County Football Club to improve lives through sport, physical activity and education.

Across 2017 alone we invested £1.7 million into the community, allowing us to work regularly with 17000 participants ranging from the age of 3 to 98 at over 200 weekly sessions.

Our purpose across the community is to:

- Encourage participation and achievement in sport.
- Improve health and wellbeing by promoting positive lifestyle changes.
- Provide, enhance and influence education.
- Promote equality and diversity.
- Produce more leaders, coaches and volunteers.
- Govern the operations of DCCT efficiently and effectively.

Our work has recently seen Derby County named Community Club of the Year by the EFL.



Your affiliation

Welcome to our network – by affiliating to us we are working together to:

- Use the power of Derby County Football Club to inspire and motivate pupils to be active, healthy learners
- Ensure ALL young people benefit from PE, Sport & Physical Activity
- Celebrate and advocate PE, Sport & Physical Activity
- Develop teachers knowledge, skills and confidence
- Improve PE, Sport & Physical Activity delivery
- Create an inclusive environment and provide opportunities for all pupils
- Use PE, Sport & Physical Activity as a tool for whole school improvement
- Discover how other schools successfully deliver PE, Sport & Physical Activity
- Offer a wider range of opportunities to encourage 30 daily active minutes
- Signpost young people to community sport and physical activity

Primary PE & Sport Premium Funding

Our affiliation package is recognised as an ideal use of some of your Primary PE & Sport Premium funding and is designed to fulfil all the Key Indicators of the funding:

- The engagement of all pupils in regular physical activity
- The profile of PE and sport is raised across the school as a tool for whole school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport

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BISHOP LONSDALE PRIMARY SCHOOL

Your school affiliation package 2018-19

Supporting your school to develop an environment that enables all pupils to be active, healthy learners.

SCHOOLS

- PE & Sport Premium funding guidance and support
- Head Teacher updates
- Termly personalised reports and impact statements
- Breakfast Briefings
- Governor Training
- Health and Safety guidance
- Weekly e-bulletin
- Affiliation personalised plan and logo
- Audit and needs analysis
- PE & Sport Premium funding action plan writing support
- PE & Physical Activity policy writing support
- Pupil fitness baseline measurements and impact reporting
- Pupil mental well-being measures
- PTA support with fundraising



Equipping staff with the knowledge, confidence and skills to ensure all pupils can thrive as active, healthy learners.

STAFF

- Training Workshops
- Annual conference
- Networking opportunities
- PE Co-Ordinator support
- NQT training
- Premier League Primary Stars website and other national initiatives
- How to make your school day more active training
- Whole school INSET
- Mental health first aid training
- Active lunchtime training
- Premier League Primary Stars teacher support
- Rammie's Daily Mile (training, support and data)

YOUR BOLT ONS

- AFPE Level 5 Primary Specialism
- Level 3 Supporting the Delivery of School Sport & PE



Inspiring and motivating all pupils to be active, healthy learners, through high quality events and programmes.

PUPILS

- Extensive events calendar
- Child Weight Management pathway
- +Sport Move and Learn
- Resilient Rammie
- Coaching (lunchtime & after school club)
- Choice of two from:
 - FUNDamentals through Football
 - FUNtastics
 - Interschool Challenge
- Rammie's Healthy Heroes programme
- Winning Minds package
- School Sport Festival
- Leadership training & Primary Leadership Conference
- SEN lunchtime club and curriculum coaching
- Anti-bullying and anti-racism assemblies and workshops

YOUR BOLT ONS

- After-school club
- PLPS Reading Stars & Matchday Maths



Advocating the importance of an active, healthy lifestyle.

FAMILIES

- Parent newsletter
- Holiday courses, weekend coaching and Talent ID programmes
- Healthy lifestyle workshop
- Family fitness programme



YOUR AFFILIATION PACKAGE



Events Uptake

<u>Event</u>	<u>Date</u>	<u>Girls</u>	<u>Boys</u>	<u>Total</u>
Footgolf	19.09.2018			
Fitness Is Fun Festival	26.09.2018	15	15	30
Y5/6 Mixed Mini Soccer	27.09.2018	0	10	10
Primary Individual Cross Country	3.10.2018			
Y5/6 Girls Mini Soccer	4.10.2018			
MOTD Festival	8.10.2018			
Primary Handball Festival	9.10.2018			
Primary Team Cross Country	10.10.2018			
Multisports Festival	11.10.2018			
Sitting Volleyball Plus	16.10.2018			
Primary Sitting Volleyball	16.10.2018			
Primary Cross Country Relays	17.10.2018			
FUNdamentals Festival	19.10.2018			
Basketball Plus	23.10.2018			
Y6/7 Futsal	24.10.2018			
Multisports Festival	26.10.2018			
Benchball Festival	6.11.2018			
Primary Team Table Tennis	8.11.2018			
#ThisGirlCan Festival	9.11.2018			
Y5/6 Cyclo Cross	15.11.2018	3	3	6
Football Plus	20.11.2018	4	7	11
Y5/6 Girls Football Festival	20.11.2018			
FUNdamentals Festival	21.11.2018			
Fitness Is Fun	23.11.2018			
Y4/5 Futsal	27.11.2018			
Y5/6 Fitness Is Fun Festival	28.11.2018	14	17	31
Y5/6 Gymnastics	29.11.2018	6	0	6
Seasonal Dance Festival	30.11.2018			
DCCT Y3/4 Girls Football Festival	5.12.2018			
#ThisGirlCan @ Christmas	6.12.2018	15	0	15
Festive Festival	7.12.2018			
Festive Festival	11.12.2018	5	9	14
Rocking Around The Christmas Tree	13.12.2018			

Workshops Uptake

<u>Workshops</u>	<u>Date</u>	<u>Attended</u>
Welcome Back Meeting	18.09.2018	2
PE Co-Ordinators Meeting	25.09.2018	
Level 3/5 Day 1	5.10.2018	2
Governors Training	16.10.2018	1
Activate Your School	18.10.2018	
NQT Intro to PE Day 1	19.10.2018	
Mental Health First Aid Course	5.11.2018 & 12.11.2018	1
Move with Zip Active	7.11.2018	
Swimming Workshop	8.11.2018 & 20.11.2018	1
Level 3/5 Day 2	9.11.2018	2
Gym, Dance & Fitness	16.11.2018	
Action Plan and PE Policy Writing	30.11.2018	
Level 6 Day 1	7.12.2018	



Working with schools...

Supporting your school to develop an environment that enables all pupils to be active, healthy learners.

Core Affiliation Package

- PE & Sport Premium funding guidance and support
- Head Teacher updates
- Termly reports
- Governor training
- Health & Safety guidance
- Weekly e-bulletin
- Affiliation plan and logo

Enhanced Affiliation Package

- Audit and needs analysis
- PE & Sport Premium funding action plan writing support
- PE & Physical Activity Policy writing support
- Pupil fitness measurements
- Pupil mental well-being measures
- PTA support with fundraising

Affiliation Bolt-On Programmes

- Pupil fitness measurements
- PE & Sport Premium funding action plan writing support
- Kitemark application support
- School based holiday club



How we've helped your school...

#StandUpDerbyshire2018

September 2018

Summary:

Schools were challenged to get their schools active for at least 50% of the day through a variety of activities.

Impact:

- gained ideas to build more physical activity into the school day
- advocated the importance of daily physical activity
- worked towards all pupils being active for a minimum of 30 minutes every day.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

Breakfast Briefing

September 2018

Summary:

Schools were provided with an update regarding the Primary PE & Sport Premium Funding. In addition, the SSP shared information about the opportunities for 2017-18 in PE, School Sport and Physical Activity for Derby City schools. Delegates were encouraged to network with schools and organisations throughout the session.

Impact:

- Schools provided with latest update regarding Primary PE & Sport Premium Funding from Sept 2017 and effective usage of the funding
- SSP Activity Wheel 2017/18 shared, enabling schools to shape their individual school plan for PE, School Sport and Physical Activity
- Calendar of events for 2017/18 shared to allow schools to identify range of opportunities to benefit pupils next year.

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- Increased participation in competitive sport (KI 5)

This term:

- You've accessed two progress and support meetings
- Received detailed data on your pupils levels of fitness, physical development and weight.
- Accessed training for all staff on increasing physical activity across the school day
- Accessed training for individual staff to support physical literacy
- All pupils have accessed an assembly which covered the importance of physical activity and healthy eating
- All pupils have had access to new playground games and the 'active lunchtime' resource
- Targeted pupils have accessed Rammie's Healthy Heroes lunchtime club
- Targeted pupils have accessed the physical literacy intervention
- One class and class teacher has accessed Play to Learn which included mentoring and the resource

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Working with staff...

Equipping staff with the knowledge, confidence and skills to ensure all pupils can thrive as active, healthy learners.

Core Affiliation Package

- Training workshops
- Annual conference
- Networking opportunities
- PE Coordinator support
- NQT training
- Premier League Primary Stars/ national initiatives

Enhanced Affiliation Package

- Active school day training
- Whole school INSET
- Mental health first aid training
- Active lunchtime training
- Teacher support
- Rammie's Daily Mile
- Winning Minds package
- Premier League Primary Stars

Affiliation Bolt-On Programmes

- Mentoring
- Teacher support
- Whole school INSETs
- Curriculum resources
- Level 5/6 Qualification
- Level 3 Qualification
- Physical Literacy programme
- Mental health first aid training



How we've helped your staff...

Level 3 Certificate in Supporting the Delivery of PE & School Sport

October 2018- July 2019

Summary:

- Gail Moore is completing the Level 3 Qualification in Supporting the Delivery of PE & School Sport, delivered by Derby City SSP

Modules covered:

- Communication and professional relationships with children, young people and adults
- Schools as organisations
- Supporting assessment for learning
- Planning PE and School Sport programmes
- Delivering PE and School Sport programmes
- Reviewing the delivery of a PE and School Sport programme

Impact:

- Upon completion of the qualification delegates will be qualified and equipped to support the delivery of PE & School Sport

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

Level 5 Specialism in Physical Education

2018-2019

Summary:

- Sarah Brownhall is undertaking the Level 5 Professional Qualification in Primary School PE (afPE/ Sports Leaders UK) delivered by Derby City SSP

Units covered to date:

- Understanding primary school PE
- Principles of pedagogy in primary school PE
- Using assessment to impact on learning and progress in primary school PE
- Teaching primary school PE

Impact:

- Upon completion of the qualification delegates will be upskilled to improve the overall quality of the PE curriculum

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

Summary:

An information and training session targeted at School Governors' regarding PE, School Sport and Physical Activity. The session included:

- Primary PE & Sport Premium funding update
- Why PE, School Sport & Physical Activity is important
- School Sport Partnership outline
- The Role of the Governor in PE, School Sport & Physical Activity

Delegate Rating/ Feedback: Good

Impact:

Through attending the workshop you :

- Increased understanding of the importance of PE, School Sport and Physical Activity
- Increased understanding of the Primary PE & Sport Premium funding and how schools are accountable
- Increased understanding of the role of the Governor and how they can support plans for PE, School Sport and Physical Activity in their school

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

Amateur Swimming Association (ASA) National Curriculum Training Programme Fundamentals & Aquatic Skills of School Swimming (Key Stages 1 and 2).

Impact:

Fundamentals of School Swimming module:

- Delegates are equipped to actively assist and/ or support a more qualified teacher in teaching a range of core aquatic skills to small groups, within the context of a school swimming programme

Fundamentals and Aquatic Skills of School Swimming module:

- Equipped to plan and evaluate a programme designed to meet the swimming component of the National Curriculum
- Able to teach without supervision, a range of skills to groups within a school swimming programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

Summary:

Mental Health First Aid teaches the skills and confidence to spot the signs of mental health issues in a young person, offer first aid and guide them towards the support they need. In doing so, we can speed up a young person's recovery and stop a mental health issue from getting worse.

Feedback:

- 100% of the delegates increased their personal confidence of how best to support others with a mental health issue after attending the course.
- 100% of the delegates increased their knowledge and understanding of how best to support others with a mental health issue after attending the course.
- 100% of the delegates rated the course Good – Very Good (74% Very Good)
- 100% of the delegates rated the tutor Good – Very Good (89% Very Good)

“A really productive training opportunity. Great to have the opportunity to talk and reflect with colleagues from other settings.”

“An invaluable course. Raised awareness of a serious subject.”

“Well delivered and informative. Relevant and useful information. Purposeful activities and positive encouragement.”

Impact:

The session enables staff as Youth Mental Health First Aiders to have:

- An in depth understanding of young people's mental health and factors that affect wellbeing
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to reassure and support a young person in distress
- Enhanced interpersonal skills such as non-judgemental listening
- Knowledge to help a young person recover their health by guiding them to further support – whether that's through self-help sites, their place of learning, the NHS, or a mix – engaging with parents, carers and external agencies where appropriate
- Ability to support a young person with a long term mental health issue or disability to thrive
- Tools to look after your own mental wellbeing

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Summary:

Delivered an information and training session, targeted at teaching staff, to successfully implement Rammie's Daily Mile and increase physical activity across the school day

The session included:

- 'What is the Daily Mile?'
- Active learning ideas
- Top tips to run the programme successfully to help you increase daily physical activity
- Data from your school's baseline assessments for fitness and weight
- Rammie's Daily Mile Challenge booklet and Class charts

Impact:

Through attending the training staff :

- Increased understanding of the importance of PE. School Sport and Physical Activity
- Took away a range of practical ideas to increase physical activity
- Had a clearer understanding of how their school compared to other schools with regard to fitness and obesity levels.

Next steps:

- Continue to implement the Daily Mile across school
- Continue to build in short activity bursts/brain breaks during the school day
- Monitor Daily Physical activity for 4 weeks

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Summary:

An information and training session targeted at school staff, to be able to deliver the physical literacy intervention.

The session included:

- Raising awareness and knowledge of children's physical development
- How to accurately assess the physical development of children using age appropriate checklists
- An appropriate programme of activity to improve children's gross motor skills
- The referral process to the children's therapy team for children who do not make expected progress

Impact:

100% of staff reported feeling more confident to deliver physical literacy and had a great understanding of the importance of physical literacy because of the training.

Through attending the workshop you :

- Increased understanding of the importance of PE. School Sport and Physical Activity
- Increased understanding of how to develop pupils' physical literacy skills through the introduction of the Physical Literacy Intervention Programme, impacting on core stability, concentration, behavior and attainment

Next steps:

- Run the intervention programme for 15 minutes a day for a minimum of 6 weeks
- Follow up assessment with the Health team to measure progress

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)



Working with pupils...

Inspiring and motivating all pupils to be active, healthy learners, through high quality events and programmes.

Core Affiliation Package

- Events calendar
- Primary Leadership conference
- Rammie's Daily Mile resource
- Child Weight Management pathway
- Choose 1:**
- +Sport Move and Learn
- Resilient Rammie
- Rammie's Daily Mile resource
- Themed activity day

Enhanced Affiliation Package

- Lunchtime & after school club
- SEN lunchtime club and curriculum coaching
- Rammie's Healthy Heroes
- Winning Minds package
- +Sport Move and Learn
- Resilient Rammie
- Anti-bullying/ anti-racism workshop
- School sport festival
- Choose 2:**
- FUNdamentals football
- FUNtastics
- Interschool challenge
- Choose 1:**
- School Sport Council training
- Mini Leaders award
- Intra-competition challenges

Affiliation Bolt-On Programmes

- Lunchtime & after school club
- PPA coaching
- Premier League Reading Stars
- Matchday Maths
- Mini Sports Leaders Award
- Intra-competition challenges
- School Sport Council training
- Cluster level competitions
- School sport festival
- Winning Minds package
- Stadium tours
- Anti-bullying/ anti-racism workshop

How we've helped your pupils...

Derby City SSP Events

Autumn Term 2018

Summary:

Pupils at Bishop Lonsdale Primary have taken part in events ran by Derby City School Sport Partnership during Autumn Term.

Impact:

Broader experience of a range of sports and activities offered to pupils

Increased participation in inter school competitions

Pupils are motivated to be active and enjoy taking part in competitions and festivals

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

Tri-Golf Festival

Autumn Term 2018

Summary:

- Derby City SSP visited Bishop Lonsdale for one afternoon session to run a Tri-Golf Festival for a class of children. The children enjoyed taking part in a variety of golf challenges.

Impact:

- Pupils enjoy participating and are motivated to take part in physical activity
- Experienced a new/ different sport
- Increased participation in physical activity

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

Summary:

An assembly to launch Rammie's Healthy Heroes lunchtime club and playground challenge to raise awareness of healthy lifestyle messages and increase physical activity levels . This included:

- A reminder on how children can eat healthily and increase their daily physical activity
- 2 hours of staff time to model good practice of playground games and support midday supervisors and play leaders to increase physical activity at lunch and playtime
- Children who are overweight and/ or inactive access Rammie's Healthy Hero club for 8 weeks

Impact: Pupils will have:

- Increased understanding of the importance of Physical Activity to keep them healthy
- Increased understanding of the importance of healthy eating including portion size and sugar intake
- A range of new games to try at breaks and lunchtimes to increase physical activity levels

Next steps:

- Monitor how the playground resource is being used. Is this something that Mini Leaders could develop further?
- Monitor attendance at Rammie's Healthy Hero lunch club to ensure targeted children are attending

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Summary:

A six week health education programme aimed at year 5 pupils . The session included:

- Delivery by a qualified and experienced member of the DCCT coaching team
- Classroom based activities and learning
- A range of topics covered including hydration, balanced diet, the effects of exercise on the body
- Physical activity using football, dodgeball and handball to engage the children

6x sessions with Year 5 class

Impact:

Through hosting these sessions you :

- Engaged children in lessons using the power of sport and DCFC
- Provided opportunities for children to engage in being active during the school day and therefore contribute to their accumulative total of active minutes for the day
- Provided opportunities for children to develop their knowledge on how to eat healthily and keep active

Next steps:

- Rammie's Healthy Heroes package
- Healthy Lifestyle workshops

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Summary:

An assembly to help pupils understand the seriousness of bullying and the impact it can have on peers.

Impact:

- Understand the effects of bullying
- Strategies to follow if you are being bullied.
- Know what is meant by the term bullying.
- Give children the confidence to talk to an adult if they feel they are being bullied.

Summary:

Six sessions for KS1 or KS2 pupils, to increase resilience, self-esteem and teamwork through a range of classroom based activities. The sessions included:

- Delivery by a qualified and experienced member of the DCCT coaching team
- Using the brand of DCFC to engage the children and link learning to real life examples
- Self reflection, group discussion and an introduction to strategies

6x sessions with Year 6 class

Impact:

Through hosting these sessions you :

- Engaged children in lessons using the power of sport and DCFC
- Provided opportunities for children to develop their resilience, self esteem and teamwork skills
- Encouraged children to explore topics such as feelings, similarities and differences.

Next steps:

- Winning Minds programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

Summary:

A ten-week literacy intervention for year 5 and 6 pupils aiming to stimulate literacy engagement in children who love football but lack motivation in reading. The sessions included:

- A range of topics including reading for enjoyment, comprehension, poetry, how to choose the correct book, scanning and skimming
- 1 hour session with a small focused group of children
- Read to Rammie breakfast morning
- Celebration event held at Pride Park Stadium (to be held at a later date)
- 1 pupil selected as the “Premier League Reading Star” of the programme, they received a signed DCFC shirt and four tickets to a DCFC fixture.

Kyle P – *“PLRS has encouraged me to read more, work harder and to understand. I learnt how to choose a better book for me.”*

Tia-Louise – *“The Premier league Reading stars has changed my view on literacy. I have begun to read harder words and also understood and enjoyed poetry more.”*

Impact:

Through hosting these sessions you:

- Engaged children in lessons using the power of sport and DCFC
- Provided opportunities for children to develop their reading skills in a number of areas
- Encouraged children to develop a love for reading

Next steps:

- Further Reading Stars programmes with additional groups
- Matchday Maths programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

Family Newsletter

Derby County Community Trust run a whole host of activities outside school too!

Weekend and Holiday Coaching

Your kids can join us for Weekend Club or Holiday Coaching to keep them busy while they're off school. Weekend Club runs every week at Powerleague Soccerdome for kids from pre-Reception to Year 6, with six different time slots, and our popular holiday coaching courses for primary ages kids run in five different areas across Derbyshire: Powerleague Soccerdome, Derby Arena (Multi-Sports), Ripley Leisure Centre, Ripley Leisure Centre and Springfield Junior School (Multi-Sports). Find out more and book online: <https://www.derbycountycommunitytrust.com/programmes/participation/>



Everybody Active



If you're after an affordable way to get fit, our Everybody Active membership is the perfect solution. We bring the gym to you, with a host of exercise classes, from Zumba to BoxFit, delivered in local community spaces and at the home of the Rams, Pride Park Stadium. You can pay as you go or join an annual membership for only £50 – meaning you can get fit from as little as £1 a week! Find out more here:

<https://www.derbycountycommunitytrust.com/programmes/health/everybody-active/>

Derby 10K

Or are you after a challenge? Derby County Community Trust are the proud hosts of the Derby 10K which raises over £30,000 for our projects every year! It's taking place on 7th April 2019 at 9am and is set to be another great event for all, with the chance to get your colleagues involved in the Business Team Challenge, or get the kids to do their bit too by taking part in the Derby 3K fun run which takes place after the main event. For more information and to enter please see: www.derby10k.co.uk



How we've helped your families...

ACTIVE SCHOOLS

October 2018

Summary:

An information session targeted at parents' regarding the importance of good physical development.

The session included:

- How physical development impacts on learning
- How they can support their children with improving their core strength
- Body Booster workout programme – 6 week exercise programme to do at home

Impact:

Through parents attending the workshop you :

- Increased understanding of the importance of PE, School Sport and Physical Activity
- Increased understanding of the role of Parents in supporting children's physical development
- Gave parents some practical tools to use at home to increase their child's core stability and muscle strength

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Next term's events

Event	Date	Booked
Primary Individual Table Tennis	10.01.2019	
Winter Seasonal Walk (AM)	15.01.2019	1 Space
Winter Seasonal Walk (PM)	15.01.2019	
Boccia Plus	16.01.2019	
Primary Boccia	16.01.2019	
Football Plus	22.01.2019	1 Space
Girls Football Festival	22.01.2019	
Sportshall Athletics Plus	23.01.2019	
New Age Kurling Plus	29.01.2019	
Primary New Age Kurling	29.01.2019	
KS1 Fitness Is Fun (AM)	30.01.2019	1 Space
KS1 Fitness Is Fun (PM)	30.01.2019	
Y3/4 Gymnastics (AM)	31.01.2019	
Y3/4 Gymnastics (PM)	31.01.2019	
Gymnastics Plus	1.02.2019	
American Superbowl Festival	5.01.2019	
Fundamentals Festival (AM)	6.02.2019	
Fundamentals Festival (PM)	6.02.2019	
Y5/6 Sportshall Athletics (AM)	12.02.2019	1 Space
Y5/6 Sportshall Athletics (PM)	12.02.2019	
Cheerleading Festival	13.02.2019	1 Space
Y5/6 Mini Basketball	14.02.2019	
KS1 Sportshall Athletics	27.02.2019	
Y3/4 Sportshall Athletics	27.02.2019	
Multisports Festival (AM)	28.02.2019	
Multisports Festival (PM)	28.02.2019	
Primary Duathlon	5.03.2019	
Celebration of Dance (Thurs PM)	7.03.2019	1 Space
Celebration of Dance (Thurs Eve)	7.03.2019	
Celebration of Dance (Fri AM)	8.03.2019	
Celebration of Dance (Fri PM)	8.03.2019	
Rugby Plus	14.03.2019	
Rugby MegaFest	14.03.2019	1 Space

Next term's events

<u>Event</u>	<u>Date</u>	<u>Booked</u>
Basketball Plus	19.03.2019	
Fundamentals Festival (AM)	20.03.2019	
Fundamentals Festival (PM)	20.03.2019	1 Space
Y5/6 Girls Football	21.03.2019	
#ThisGirlCan	26.03.2019	
Hooping & Skipping Festival (AM)	27.09.2019	
Hooping & Skipping Festival (PM)	27.09.2019	1 Space
Orienteering Plus	28.03.2019	
Primary Orienteering	28.03.2019	
Dodgeball Festival	4.04.2019	
Fundamentals Festival (AM)	10.04.2019	
Fundamentals Festival (PM)	10.04.2019	
KS1 Egg Hunt	11.04.2019	1 Space
Y1/2 Allstars Cricket (AM)	12.04.2019	
Y1/2 Allstars Cricket (PM)	12.04.2019	1 Space

<u>Workshops</u>	<u>Date</u>	<u>Booked</u>
Celebration of Dance Choreography	14.01.2019	
Conference	24.01.2019	2 delegates
Level 3/5 Day 3	1.02.2019	2 delegates
Mental Health First Aid	4&11.02.2019	
Safe Practice In PE	8.02.2019	
Physical Literacy	15.02.2019	
Active Storytelling	12.03.2019	
Games Workshop	15.03.2019	
Assessing PE	22.03.2019	
Level 3/5 Day 4	29.03.2019	2 delegates
NQT Intro to PE Day 2	5.04.2019	
Level 6 Day 2	12.04.2019	

Active Schools Conference

'Creating a Culture of Active, Healthy Learners'

Thursday 24th January 2019, 8:15am - 4pm

Pride Park Stadium, Pride Park, Derby, DE24 8XL

This conference is a unique opportunity for learning through high quality keynotes and workshops as well as having the opportunity to network. Targeted at primary and special schools, the conference will advocate the importance of Physical Education, Sport and Physical Activity and how to ensure it is at the heart of school life.

Keynote Speakers:

Ali Oliver, Chief Executive Youth Sport Trust

Martin Burder, The Art of Brilliance

For further information or to book:

DerbyCitySSP.co.uk

Target Audience:

Head Teachers (8.15am-1pm)

Governors (8.15am-1pm)

PE Co-ordinators (all day)

Foundation Stage Staff (all day)

Teachers/ Teaching Assistants (all day)

Free of charge for schools affiliated to a School Sport Partnership in Derby or Derbyshire