

BISHOP LONSDALE CHURCH OF ENGLAND PRIMARY SCHOOL AND NURSERY

BECOMING INDEPENDENT SUCCESSFUL HONEST OPEN-MINDED PEOPLE

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | <u>Summer</u> |
|------------|------------------------------|--------------------|-------------------------|------------------------------|------------------------------|--|
| Year Group | Focus: Invasion Games | Focus: Dance | Focus: Gymnastics | Focus: Net and Wall Games | Focus: Striking and Fielding | Focus: Athletics |
| Nursery | Introduction to PE Unit 1 | Dance Unit 1 | Gymnastics Unit 1 | Ball Skills Unit 1 | Games Unit 1 | Sports Day Activities |
| Reception | Fundamentals Unit 1&2 | Dance Unit 2 | Gymnastics Unit 2 | Ball Skills Unit 2 | Games Unit 2 | Sports Day Activities |
| 1 | Fundamentals | Dance | Gymnastics | Net and Wall Games | Striking and Fielding | Sports Day Activities |
| 2 | Fundamentals | Dance | Gymnastics | Net and Wall Games | Striking and Fielding | Athletics/ Sports Day Activities |
| 3 | Handball | Dance | Gymnastics | Tennis | Cricket | Athletics/ Sports Day Activities |
| 4 | Hockey | Dance | Gymnastics | Swimming/ Tennis | Swimming/ Rounders | Swimming/ Sports Day Activities |
| 5 | Swimming/ Tag Rugby | Swimming/ Dance | Swimming/ Gymnastics | Tennis | Cricket | Athletics/ Sports Day Activities |
| 6 | Netball | Dance | Gymnastics | Tennis | Rounders | Athletics/ Sports Day Activities |