

SUPER SCHOOLS

A cartoon illustration of a ram's head with a white face, black markings around its eyes, and large, curved yellow horns. The ram is smiling and looking towards the left.

Autumn Term 2020 Report

Bishop Lonsdale Church of England
Primary School and Nursery

DERBY
COUNTY
COMMUNITY
TRUST



We are a...

SUPER SCHOOL



by affiliating to...



Enhanced Affiliation 2020-21

 /DCCTSuperSchool  /DerbyCountyCommunityTrust  /DCCTOfficial

schools@dcct.co.uk derbycityssp.co.uk derbycountycommunitytrust.com



We are delighted to work with so many schools across Derby and parts of Derbyshire. We love working with our network of schools to bring learning to life through delivering fun, educational and active sessions across a range of programmes.

To view our affiliation booklet, [please click here.](#)

Overview of our Super School Programmes:

Core Affiliation: £1500

This package is designed to provide a range of high quality opportunities for your staff and pupils and is excellent value for money. This includes an extensive range of opportunities for children to be active through events, roadshows, virtual challenges and programmes. We also provide staff with ongoing support and training including workshops, network meetings, resources and our conference.

Enhanced Affiliation: £3500

This package provides a dedicated member of staff to work in your school for half a day per week (12:30-4:30pm approx.) throughout the school year. This will include a lunchtime club, two afternoon curriculum support sessions (chosen from a range of bolt on programmes) and an after school club.

Bolt On Programmes: Individually Priced

We offer a range of bolt on programmes for you to access. **Please see pages 4 and 5 in our affiliation booklet for our Bolt On Programmes.**

The Power of a

SUPER SCHOOL



How we can help your School

Supporting your school to develop an environment that enables all pupils to be active, healthy learners.



Creating a culture of active learners

30 minutes of additional physical activity were added to the school day through our Active Schools programme.



Boosting learning and achievement

75% of staff reported pupils were more alert and ready to learn after physical activity.



Ensuring the inclusion of all young people

10 special schools supported and SEND specific opportunities provided in **15 mainstream schools**.

How we've helped your school...

Super Schools Briefing

September

Summary:

We delivered an online Welcome Back Meeting which included:

- Outline of 2020/21 Events & Workshops
- Sharing resources
- Outline of Joy of Moving programme
- Bolt on Programmes
- Risk Assessments
- National Updates, including Primary PE & Sport Premium Funding

To access a recording of this briefing please [Click Here](#)

Impact:

- Schools are aware of the range of programmes and support we are providing
- Schools updated regarding the 2020/21 Events Calendar, Workshops and Resources they can access
- Schools aware of risk assessment processes in place
- Schools provided with latest update regarding Primary PE & Sport Premium Funding

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

Safe Practice Guidance

September

Summary:

We have provided schools with Health & Safety Guidance to support them to deliver PE, Sport and Physical Activity during COVID-19. This included sharing a framework to support children and young people to access Physical Education, School Sport and Physical Activity (PESSPA), developed by the Association for PE.

We delivered a Safe Practice in PE workshop which included:

- Sharing the afPE framework for managing risk during covid-19
- Addressing FAQs
- Supporting you to review your Risk Assessment
- Sharing top tips
- DCCT update regarding coaches working in schools

[Click Here](#) to watch the workshop

Impact:

- The school workforce has had access to national guidance to support them to safely deliver PE, school sport and physical activity
- Schools are able to respond to Government guidance and national guidance (afPE) to feel confident and equipped to ensure children can be active through PE, school sport and physical activity during COVID-19

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

How we've helped your school...

Primary PE & Sport Premium Funding Guidance

September

With the confirmation of the Primary PE & Sport Premium Funding for 2020/21, we have continued to provide ongoing support and guidance to ensure effective use of the funding. This has included providing Government Guidance, Association for Physical Education Guidance, Examples of Good Practice and Top Tips. We delivered a workshop covering the following areas:

- Guidance
- Key Indicators
- Accountability
- 2019/20 Carry Forward
- Action Plan
- Examples of Good Practice
- Support

To watch the workshop please [Click Here](#)

Impact:

- Schools understand the latest guidance to ensure effective use of the funding
- Schools feel equipped to shape their action plan for 2020/21

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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Home Learning Toolkit

October

Summary:

We've provided a Home Learning Toolkit for our affiliated schools to support you when children need to self-isolate or if there is a lockdown. This includes a range of resources including physical activity challenges, school games activities, family fitness sessions, recipes and lots more. We have also included links to an extensive range of virtual lessons such as Physical Education, Writing Stars, Matchday Maths, Reading Stars, Resilient Rammie and Winning Minds.

Impact:

- Schools have had access to digital resources to support children to learn at home
- Schools have been provided with physical activity resources and challenges to encourage children to continue to be active, both at home and at school
- We have shared two series of virtual lessons to engage pupils in learning (at home and school) in a range of topics

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How we've helped your school...

ACTIVE SCHOOLS SUMMARY

This term:

- You've accessed two progress and support meetings
- Received information for staff on the importance of physical activity
- All pupils have had their fitness levels measured and pupils with consent have been weighed and measured
- Received detailed data on your pupils' levels of fitness and BMI categories
- All pupils have accessed an assembly which covered the importance of physical activity and completed a physical activity challenge
- Four classes have received coaching on new playground games

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The Power of a

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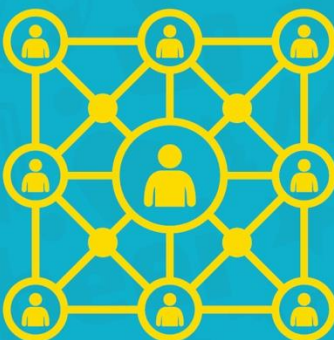
How we can help your Staff

Equipping staff with the knowledge, confidence and skills to ensure all pupils can thrive as active, healthy learners.



Building knowledge, skills and confidence

86 teachers mentored and **26 teachers** gained PE qualifications with us, with all reporting improved confidence and/or competence.



Sharing good practice and high-quality tools and resources

Over 180 delegates networked through our Super Schools Conference, Breakfast Briefings and PE Co-ordinator network meetings.



Supporting staff with their health and wellbeing

100% of teachers increased their confidence in supporting mental health issues after attending our Mental Health First Aid course.

How we've helped your staff...

Training Workshops

Autumn Term

Summary:

This term we have delivered an extensive range of training workshops to ensure staff feel equipped to deliver PE, School Sport and Physical Activity. It's been fantastic to see so many Super Schools at our workshops. Don't worry if you've not managed to join us, you can watch the recordings:

- Welcome Back Meeting <https://youtu.be/hpc1MOHinQI>
- New PE Co-ordinator Meeting <https://youtu.be/FtthUnxmk2A>
- Primary PE & Sport Premium Workshop https://youtu.be/6YOJvo_CD00
- Safe Practice in PE Workshop <https://youtu.be/9ZT7zcA5qkQ>
- Assessing PE Workshop <https://youtu.be/qYYrlw65O0c>
- PE Development Meeting <https://youtu.be/pFuE14aY7Kw>
- Primary Dance – Socially Distanced Series <https://youtu.be/EJ8D7KY1W4k>
- Water Safety Workshop https://youtu.be/_gwsOGcPGTI
- PlayWaze Virtual Challenges demonstration <https://youtu.be/x0Qb0Ie2v7M>
- Spring Term Update Meeting <https://youtu.be/Celb9ECxyEA>

In addition to the above workshops we also provided NQT Training (Day 1 & 2), the Primary PE Award (Day 1) and one to one support for some PE Co-ordinators.

If you would like copies of the resources shared via our training or would like further support, please get in touch with jack.southwart@dcct.co.uk

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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How we've helped your staff...

Active Bubbles Resources

Autumn Term

Summary:

We have produced Active Bubbles resources to support schools to deliver PE, Sport and Physical Activity during covid-19. In addition to the Athletics and Playground Games Active Bubbles resources, we've expanded the range of Active Bubbles resources to provide:

- Active Bubbles FUNdamentals
- Active Bubbles Multi-skills
- Active Bubbles Multi-sport
- Active Bubbles Fitness

These are designed to follow Government guidance including:

- ✓ Social distancing
- ✓ Bubbles/ small groups
- ✓ Non contact activities
- ✓ Minimal equipment
- ✓ Taking place outdoors, when possible

Impact:

- Schools have resources to deliver PE safely and in line with Government guidance during covid-19
- Pupils enjoy participating and are motivated to take part in PE, Sport and Physical Activity

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Stand Up Derbyshire: Active Schools Toolkit

September

Summary:

Friday 25th September was Stand Up Derbyshire day! The aim of the day was for schools to build in at least 10 minutes of Physical Activity for every child. This was done through active travel, break times, cross-curricular activities, story time, PE or all of these! We were delighted to see so many schools taking part as now, more than ever, children need to be active.

Every school received a digital copy of the toolkit, providing simple ideas to build more physical activity into the school day. For a copy of the Toolkit please [**Click Here**](#)

We also shared the following films:

Importance of being active: <https://youtu.be/LIVuMCFLtNM>

Short burst to get children moving: <https://youtu.be/DRezNr6ujbY>

Impact:

- Pupils enjoy participating and are motivated to be more active
- Teachers are equipped with ideas to build more physical activity into the school day

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How we've helped your staff...

NQT Introduction to PE (Day 1&2 of 6)

October/November 2020

Summary:

Delivered throughout the year, this training is tailored for Newly Qualified Teachers and those with little or no experience of delivering PE.

Impact:

Day 1 aimed to...

- Give teachers have a greater understanding of National Curriculum PE Programme of Study
- Improve teachers knowledge, skills and confidence to deliver high quality PE
- Enable teachers to differentiate in PE

Day 2 aimed to...

- Improve staffs knowledge and confidence of Gymnastics & Dance
- Enable staff to be able to plan and deliver high quality gymnastics and dance lessons

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Primary PE Award (Day 1)

November

Summary:

The Primary PE Award is a year long course designed to help develop and improve the knowledge and confidence of staff delivering or supporting PE lessons. Day 1 of the course, covered curriculum planning, barriers to childhood development, gymnastics and dance workshops.

Impact

Day 1 of the Primary PE Award aimed to...

- Develop delegates knowledge of the PE curriculum
- Improve delegates knowledge and delivery of Gymnastics & Dance
- Be able to select and apply appropriate interventions to support children facing barriers to their growth.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

How we've helped your staff...

Level 3 Certificate in Supporting the Delivery of School Sport and Physical Education

Autumn Term

Summary:

This term delegates have been completing the Level 3 Certificate in Supporting the Delivery of School Sport and Physical Education. This has including the delivery of a unit of work, including observations from DCCT staff. Delegates have also be completing evaluations of their lessons and been provided feedback by course tutors.

Bev Rose has almost completed this course, she will be completed by December 2020

The final units of the Level 3 Course aimed to...

- Improve delegates ability to plan a progressive unit of work.
- Assess and provide feedback to improve delegates pedagogy
- Prepare delegates to be able to effectively support the delivery of the primary PE curriculum

Units Covered:

- Communication & Legislation
- Schools as Organizations
- Understanding young person & Child Development
- Understand how to safeguard the wellbeing of children
- Support the assessment of Wellbeing
- Planning physical Education and Sport programmes

Impact:

- Delegates will be more confident and be able to assist PE leads in planning of curriculum content as well as being able to offer more support during assessment of PE across the school.
- Upon completion of the qualification delegates will be qualified and equipped to support the delivery of PE & School Sport

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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How we've helped your staff...

Level 6 Qualification Primary School PE Subject Leader

Autumn Term

Summary:

Following the completion of the Level 5 Qualification in Primary School PE, Sarah Brownhall has now successfully completed the Level 6 Professional Qualification in Primary School Subject Leadership (afPE/ Sports Leaders UK).

Unit content :

Unit 7: Lead sustainable development within primary school PE

- Understand the role and importance of a primary school PE subject leader
- Be able to determine the quality of PE provision in a given primary school
- Be able to design a targeted strategy to develop primary school PE, school sport and physical activity provision
- Be able to lead the implementation of a targeted strategy to develop a specified aspect of the primary school PE provision
- Be able to review and revise a targeted activity strategy to increase sustainability of teaching and learning impact in primary school PE, school sport and physical activity teaching and learning

Impact:

- Upon completion of the qualification delegates will be qualified as a Subject Leader and equipped to improve the overall quality of the PE curriculum

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

The Power of a

SUPER SCHOOL



How we can help your Pupils

Inspiring and motivating all pupils to be active, healthy learners through high quality events and programmes.



Developing life skills to improve health and wellbeing

65% of pupils reported an improvement in their wellbeing after physical activity.



Tackling inactivity and improving physical literacy

11,000+ pupils were inspired to become active at 200+ events and 580 children enjoyed taking part in weekly after school clubs.



Improving behaviour, concentration and readiness to learn

70% of pupils improved their physical development, supporting better handwriting and concentration in lessons.

How we've helped your pupils...

Jump, Hop and Skip Back to School!

September

Summary:

Designed to get children moving as they returned to school, we produced a Jump, Hop and Skip Back to School resource. It consisted of simple challenges themed around 'jumping for joy', 'hopping for happiness' and 'skipping for smiles'.

For a copy of the resources please [Click Here](#)

Impact:

- Pupils have been encouraged to be active and develop their FUNdamental movement skills

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)

Virtual Challenges

Ongoing

Summary:

We have produced a range of Virtual Challenges and provided our affiliated schools with access to a free web based platform and app (PlayWaze). Parents can also set up an account, free of charge.

Autumn Term challenges have included:

- Bean Bag Toss
- Football Dribbling
- Fencing Balloon Challenge
- Rammie's Present Delivery
- Rammie's Reindeer Run

We've sent certificates and stickers to every affiliated schools. If you would like additional copies (free of charge) please get in touch with schools@dcct.co.uk

Information about how to set up your PlayWaze account is included in this report.

Impact:

- Pupils have been encouraged to be active and take part in intra and inter school challenges

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

How we've helped your pupils...

Virtual Events

Autumn Term

Summary:

In addition to delivering a range of roadshows in schools, we've run some virtual events for children to enjoy taking part in.

National Fitness Day with Jumpstart Jonny (September)

Jumpstart Jonny recorded a special fitness routine with a special shout out for our Super Schools. During the day classes across Derby schools had a go at the Jumpstart Jonny routine and celebrated National Fitness Day.

Rocking Around the Christmas Tree (December)

Schools took part in our Virtual Rocking around the Christmas Tree event! The event included taking part in a festive warm up dance and giving children the opportunity to create their own Christmas themed dance.

Impact:

- Pupils have been encouraged to be active and take part in a range of sports and activities

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
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Back to School Games Fencing

Autumn Term

Summary:

We have worked in partnership with Active Derbyshire and Derbyshire Active Schools Network to develop some Back to School Games resources, with our first resource being all about Fencing! The fencing resource included a number of learning challenges that can be used to help develop and extend a young person's knowledge and understanding of the subject matter. Physical challenges were designed to be delivered over a series of lessons or weeks, culminating in a circuit style challenge and volunteering opportunities that explore ways in which schools can develop leadership using these resources.

Impact:

- Pupils have been encouraged to be active and take part in a range of sports and activities

Look out for the Back to School Games Triathlon resource coming out next term!

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- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*
- *Increased participation in competitive sport (KI 5)*

How we've helped your pupils...

FUNdamentals Roadshow

Autumn Term

Summary:

This term we delivered a FUNdamentals Roadshow at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed taking part in a variety of activities designed to develop FUNdamental movement skills.

Impact:

Pupils develop FUNdamental movement skills and enjoy being active

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- *The engagement of all pupils in regular physical activity (KI 1)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*

Fitness is FUN Roadshow

Autumn Term

Summary:

This term we delivered a Fitness is FUN Festival at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed being active by taking part in a variety of fitness circuits.

Impact:

- Pupils enjoy participating and are motivated to take part in physical activity

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

Rammie's Reindeer Run Roadshow

Autumn Term

Summary:

This term we delivered Rammie's Reindeer Run at your school. Working with small groups of children in their bubbles, we delivered a range of activities that allowed for social distancing and minimal equipment. The children enjoyed taking part in a 'cross country' event that encouraged them to be active and feel festive!

Impact:

- Pupils enjoy participating and are motivated to take part in physical activity
- Broader experience of a range of activities offered to pupils
- Increased participation in virtual challenges (intra and inter school sport)
- This term we delivered 3 Rammie's Reindeer run Roadshow to your school

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How we've helped your pupils...

PREMIER LEAGUE PRIMARY STARS – Communication and Listening Skills

Autumn Term

Summary:

Designed in partnership with the "I Can" charity, this 6 week intervention is for pupils who need further support with their communication skills and to understand the importance of listening.

The sessions include:

- 6 x 1-hour sessions
- Focus on: Good v Bad listening/ exploring words/ building a sentence/ creating conversations and telling stories.
- Active learning
- Booklets to support delivery
- Opportunities for pupils to discuss and work as a team.

Impact

Through hosting these sessions you:

- Gave pupils the opportunity to reflect on their communication and listening skills
- Supported pupils to identify the skills needed to be a better listener
- Helped pupils to build and develop their skills each week to create a meaningful conversation.

Next steps:

- Identify pupils who need further support – Talkboost through I CAN is a more in depth intervention.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

PREMIER LEAGUE PRIMARY STARS – Matchday Maths

Autumn Term

Summary:

A ten-week numeracy intervention for targeted pupils in year 5 or 6, aiming to stimulate numeracy engagement in children who love sport but lack motivation in numeracy. The programme presents numeracy skills in alternative ways .

The sessions included:

- A range of topics including adding, subtracting, multiplying, place value, time, etc.
- 1 hour session with a small focused group of children
- Numeracy skills presented in physical activity sessions.

Impact:

Through hosting these sessions you:

- Engaged children in lessons using the power of sport and DCFC
- Provided opportunities for children to develop their numeracy skills.
- Encouraged children to develop a love for numeracy.
- Increased awareness of the importance of numeracy skills in the real world.

Next steps:

- Further Matchday Maths programmes with additional groups
- Premier League Reading Stars programme

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)

How we've helped your pupils...

Anti Bullying Week – Virtual Workshop

Autumn Term

Summary:

“United Against Bullying” was the theme of this years Anti Bullying Week, delivered virtually for the very first time. The Premier League and Football League have been raising awareness of their “No Room For Racism” campaign that was a focus throughout both the assembly and workshop.

The sessions aimed to:

Virtual Assembly – pre-recorded this assembly was suitable for both KS1 and KS2 and aimed to:

- Identify what bullying is.
- Identify what racism is. (Supporting the Premier League No Room for Racism Campaign)
- Give pupils the opportunity to discuss how it feels to be treated differently.
- To celebrate difference.

Virtual Workshop – Pre-recorded, this workshop was suitable for KS2 and supported the Premier League’s No Room for Racism Campaign.

- Build on the theme from the assembly.
- Identify how to be inclusive.
- Give pupils the opportunity to create their own campaign.

Impact:

Through hosting these sessions you gave pupils:

- The opportunity to discuss the difference between bullying and racism.
- Increased awareness of the term racism and how we can challenge it.
- Understand the impact of bullying on themselves and others.
- Understand how everyone is unique and why it is good to be different.

Community Christmas Cheer – thank you box

December

Summary:

The impact of COVID-19 throughout this year has been unprecedented.

Derby County and Derby County Community Trust teamed up, as part of the club’s ‘Stay Safe. Stay Fit. Stay Connected.’ initiative, in a bid to put some smiles on faces over the festive period - and to provide some worthy Rams supporters with a special ‘Christmas Cracker’ gift.

Acknowledging the past eight months have been very difficult for many people due to the COVID-19 outbreak, we were pleased to be able to provide each of our affiliated schools with a special treat.

Schools received a ‘thank you’ gift box for you to pass on to a pupil who has done something remarkable during the pandemic.

The Christmas Cracker gift box included a Derby County 2020/21 home shirt, Rams gloves, a chocolate bar and a Derby pin badge.

How we've helped your pupils...

Wellbeing Relaxation Packs

September

Summary:

The relaxation packs were put together to give children, young people and families free access to information and resources that could support children with their mental wellbeing during this difficult period. The wellbeing packs had information sheets that looked at 5 ways to wellbeing, top tips in helping to stay relaxed, and key information around national and local organisations that can be accessed to support mental health. Additionally, the pack included a stress ball, reflection diary, mindfulness colouring sheets, playdough, headphones and a memory stick that had Yoga videos, Meditation videos, healthy recipes, and worksheets stored on it.

Impact:

- Pupils were supported with their mental wellbeing
- Families were signposted to information and resources to support their child with their wellbeing

How we've helped your pupils...

LUNCHTIME COACHING

Autumn

Summary:

Lunchtime coaching delivery designed to engage children in being active during their lunch break. The sessions included:

- Delivery by a qualified and experience member of the DCCT coaching team
- A specific focus agreed in consultation with PE Coordinator
- Progressive sessions over the half term
- A range of sports/activities to choose from

Impact:

Through hosting this club you :

- Provided opportunities for children to engage in being active during their lunch break and therefore contribute to their accumulative total of active minutes for the day
- Provided opportunities for children to improve their knowledge, skill and confidence in the topic/sport being delivered
- Encouraged children to experience an increased range of physical activities/sports

Next steps:

- Continuation of Lunchtime Coaching delivery
- Implementing Active Lunchtime training/Mini Leaders training
- Entering an SSP event in the sport/activity covered

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How we've helped your pupils...

AFTERSCHOOL CLUB

Autumn 2020

Summary:

Afterschool coaching designed to provide children with a safe and enjoyable opportunity to learn new skills and be active following the school day. The sessions included:

- Delivery by a qualified and experience member of the DCCT coaching team
- A specific focus agreed in consultation with PE Coordinator
- Progressive sessions over the half term
- A range of sports/activities to choose from

Impact:

Through hosting this club you :

- Provided opportunities for children to engage in being active following the school day and therefore contribute to their accumulative total of active minutes for the day
- Provided opportunities for children to improve their knowledge, skill and confidence in the topic/sport being delivered
- Encouraged children to experience an increased range of physical activities/sports

Next steps:

- Continuation of Afterschool Club delivery
- Signposting children to out of school grass roots clubs
- Entering an SSP event in the sport/activity covered

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The Power of a

SUPER SCHOOL

A cartoon illustration of a ram's head with large, curved yellow horns and a white face with a red mouth, positioned to the right of the 'SUPER SCHOOL' text.

How we can help your Families

Advocating the importance of an active, healthy lifestyle.



Engaging families to advocate the importance being active and healthy

180 parents were engaged in our Healthy Lifestyles workshops to support and encourage an increase in physical activity and healthy eating beyond school.



Changing attitudes to health and wellbeing

1,168 adults regularly engaged in our physical activity and health programmes to support a whole family approach.



Promoting opportunities to lead an active, healthy lifestyle

600+ children participated in weekend and holiday programmes beyond the school environment.

How we've helped your families...

Pride Park Food Hub

Ongoing

Derby County Football Club and Derby County Community Trust are supporting Derby's Covid Community Response. We have organised a food donation hub at Pride Park Stadium which collects donations on behalf of the local food bank network. We've received an incredible amount of food supplies from the public and schools for which we were extremely grateful!

If your school is able to facilitate a collection where you could encourage your pupils to bring in a dry/tinned food item which we could then redistribute to the city's food banks, please get in touch if you cannot get to the Thursday collection point and we will aim to make alternate arrangements. We know many schools have pupils who have been adversely affected by the consequences of Covid-19 and the lockdown restrictions, so equally if we are able to help these families through our partnership with the food banks, please don't hesitate to let us know.

Please contact schools@dcct.co.uk for any more information.

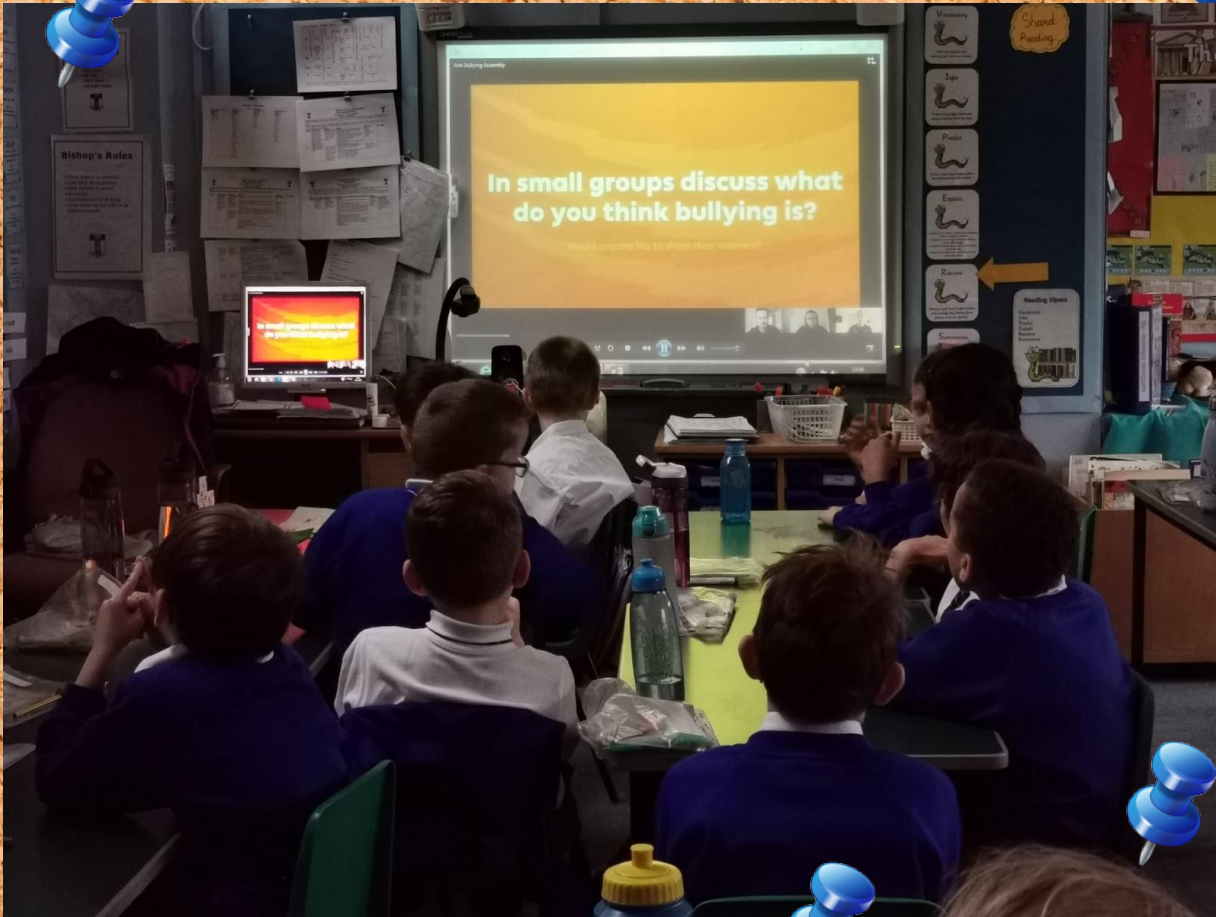
Photos



Photos



Photos



FERRERO CSR Project

Joy of moving Programme



The Joy of Moving is a FREE 6 week programme for pupils in Year 5.

This programme is for schools affiliated to our Core Affiliation package. Designed to engage and inspire pupils to make healthier lifestyle choices as well as taking part in new games to get them more physically active! The sessions last between 60 - 90 minutes depending on the time available on your curriculum, the first half of the lesson is based in the classroom and the second half of the lesson is based either in the hall or outside.

The programme involves:

- **Week 1:** Importance of physical activity
- **Week 2:** Benefits of physical activity on the body and mind
- **Week 3:** Recap of the Eatwell guide
- **Week 4:** Come dine with Rammie
- **Week 5:** Staying hydrated
- **Week 6:** Joy of Moving

For more information or to make a booking please contact lauren.slater@dcct.co.uk with your preferred day, time, half-term and the number of your year 5 classes.

Subject Qualifications

£1300

We run the Level 5 and 6 Professional Qualifications in Primary School Physical Education Specialism and Subject Leadership. Developed by the Association for PE and Sports Leaders UK, they upskill staff to improve the PE Curriculum.

Aimed at:

- Teachers
- Experienced Teaching Assistants
- Experienced coaches working in a school

Key outcomes:

- Increase in delegates' confidence, competence and PE subject knowledge
- Delegates will be able to raise standards through high quality PE teaching in their school

Level 5 - completed over one year with half-termly training sessions.

Level 6 - completed in two terms following Level 5 qualification - delegates must have QTS.

What it includes:

Level 5 :

- Understanding primary school PE
- Principles of pedagogy in primary school PE
- Planning for continuity and progression in primary school PE
- Using assessment to impact on learning and progress in primary school PE

Level 6:

- Teaching primary school PE
- Lead sustainable development within primary school PE



Our next course starts in January 2021. For further information or to express your interest in attending, please [**Click Here**](#)

Get involved in our **Super Schools** Virtual Challenges!

We have developed a range of physical activity virtual challenges for children to enjoy taking part in. It's free for our affiliated schools to access and simple to take part via our app or web portal. Parents and Guardians can also sign up (free of charge) to encourage children to have a go at home and enjoy being active!

How to access PlayWaze via the website:

1. Register your account/login via playwaze.com
2. Search for the 'Derby City Primary School' community in the find a community search box
3. Join the community. The community then should appear on your home page
4. Click on the community to browse challenges and view leader boards
5. Once you have selected the challenge, click join challenge and follow the booking process. Once complete you will be able to enter your challenge scores

Autumn term challenges included:

- Bean Bag Toss
- Football Dribbling
- Fencing Balloon Challenge
- Rammie's Present Delivery
- Rammie's Reindeer Run

How to Access PlayWaze via the App:

1. Download the PlayWaze app via the AppStore or Playstore
2. Register your account
3. Click search and search for Derby City Primary Schools. Click on Join the Community
4. To go to the community page, click: More, My Communities, and click on Derby City Primary Schools
5. Scroll down the Community page to the Challenges section, select the challenge and enter your score

We've got some exciting Spring term virtual challenges planned including:

- Sportshall Athletics
- Boccia
- Team Building
- Football Skills Challenge
- Triathlon

And lots more!



Coming Soon!

We've got some exciting opportunities next term for our Super Schools. Here's just a few of them...

Save the date:

- Super Schools Virtual Conference 'Wellbeing Week' 18th-22nd Jan 2021
- Celebration of Dance Film Premiere Friday 12th March 2021
- Level 5/6 Qualification starts 22nd Jan 2021

Keep an eye out for...

- Spring Term Roadshows
Remember to book your Spring Term Roadshow(s). Options include Dance, Kick Off Take Off (STEM), Football Skills Challenge, Team Building, Inclusive Sports Festival, World Book Day and Friday FUNday!
Go to: www.derbycityssp.co.uk for further information or to book.
- Spring Term Virtual Challenges
Next term we have some NEW and EXCITING virtual challenges for children to enjoy taking part in. These will be added to our PlayWaze platform ready for the start of term!
- Miles for Smiles Virtual Challenge for school staff, pupils and families



Information about all our events and opportunities are shared via our weekly schools ebulletin. If you don't receive this but would like to, please email jo.wilkinson@dcct.co.uk

Contact Us



derbycountycommunitytrust.com



01332 416140



schools@dcct.co.uk

Social Media



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