

PE and Sport Premium Grant Spending Plan 2023-24

Allocation: £17,850 **Sports grant coordinator:** Sarah Brownhall (Head of School)

Key achievements to date until July 2023

- Derby County Community Trust Education Champions
- Derbyshire School Sport and Physical Activity – Active and Healthy School Awards
- School Games Mark Gold 2018/19 2021/22 2022/23
- Virtual School Games Mark 2019/20
- School used as a case study for Key Indicator 1 in OFSTED Good Practice Examples
- SB and CO'R spoke at both the Derby and Nottingham PE conference about PE and parental engagement.
- Over the past 17 years the Bishop Lonsdale Netball team have only finished 1st or 2nd in the Derby West League. The team have attended the County Finals 7 times and the East Midlands Regional Finals 5 times. In 2016/7 Bishop Lonsdale were runners-up and 2018/19 won the tournament.
- In the Big Pedal small school competition in 2022/23 Bishop Lonsdale came 1st in Derby City, 9th in the Midlands and 66th in the UK.
- Staff qualifications: SB achieved Level 5 and Level 6, GM and BR achieved Level 3 Supporting the Delivery of PE and School Sport. AJ has Level 4: Supporting Pupils' Well Being through Physical Activity.

Areas for further improvement and baseline evidence of need:

- Increase the number of girls engaging in sport and physical activity.
- Continue to increase and maintain the number of children engaged in physical activity.
- Continue to further enhance the range of sports/available for children e.g. archery

Meeting national curriculum requirements for swimming and water safety.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? 44%

What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? 44%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? 44%

Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way? Yes/No

Action Plan and Budget Plan

Key:
Green – Action completed **Yellow**-Action due to be completed in 2023-24 **Red**-Not achieved
Purple – Parental Engagement **Turquoise** –Virtual Event **Blue** – Community Link

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To access a range of core activities structured around the three areas of Physical Education, School Sport and Physical Activity	Attend DCSSP Welcome meeting Affiliate to Derby City School Sport Partnership (DCSSP) Enhanced package this includes a DCCT coach ½ a day per week. Attend DCSSP conference day	£5000 for the Enhanced package	Access to more competitions, festivals, training and cross curricular programs for all stakeholders.	SB to evaluate the package impact (July 2024)	

Key indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To encourage children and families to have a healthier diet.	X2 Munch and Crunch Cook and Eat sessions for Year 3 and Year 4 After School Munch and Crunch Cook and Eat Sessions for families.	Enhanced package	Children and parents will have an increased understanding of the importance of healthy eating including portion size and sugar intake and the impact on the body.	Pupil Voice Monitor what children are eating at lunchtime	
	Tasting Tuesday Work with school cook to introduce a new fruit or vegetable for school dinner children to try on Tuesday. Basic food packs available in the 'Bishop Lonsdale Shop'.	Cross link with Pupil Premium	Children more likely to try a fruit or vegetable that they have not tried before. Increased number of children trying and eating fruit and vegetables. Healthy meals available for families at home if needed.	SLT and lunchtime staff to get feedback from children on foods they are trying and feedback to school cook. Monitor the uptake of the packs. Parent voice.	

To increase and maintain the number of children and adults engaged in regular physical activity across the whole school.	All classes to take part in the daily mile x2/3 weekly. Children to take part in physical activities such as Go Noodle.	Staff meeting time	Increased number of lessons across the curriculum containing physical activity. Increased number of children active at wet play and lunchtime. Improved stamina when running the daily mile.	SB and PE subject leads to monitor engagement of children in physical activity.	
	School Website – dedicated pages for parents on how to eat healthy and stay active at home.	Release time for LB and AJ	Parents will be well informed on how to eat healthily and stay active at home.	Feedback from parents using questionnaires.	
To ensure children and parents are informed about the importance of good hygiene including oral health hygiene.	Whole School Assembly on Oral Hygiene. Class workshops Oral Health Stand at Christmas Fayre All children to receive information leaflet, toothbrush, toothpaste and timer. Basic Hygiene packs and Teeth Cleaning Packs available at the Bishop Lonsdale Shop. Handwashing workshops for EYFS and KS1 children.	DCCT Cross link with Pupil Premium Nuffield Health Team	Parents and children will be well informed on oral health. All families able to access resources needed to brush teeth daily. Hygiene items available to families in need. Infant children will understand the importance of washing hands.	Feedback from parents and children	

<p>To improve fitness levels of target children.</p> <p>To improve attendance and punctuality of target children.</p> <p>See KI2</p>	<p>AM Sports to deliver 'Box Fit and Breakfast' sessions before school.</p>	<p>£240 for half term</p> <p>Cereal donated from Food 4 Thought Alliance</p>	<p>To improve attendance and lateness.</p> <p>Ensure target children are taking part in exercise.</p> <p>Ensure target children are having breakfast.</p>	<p>Monitor attendance data.</p>	
<p>To improve core strength and fine motor skills in EYFS</p>	<p>Rammie's Mini Movers Program to be delivered alongside DCCT during Autumn 1 once a week to Nursery children and identified Reception children.</p>	<p>£500</p>	<p>Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills</p>	<p>Evaluate the program itself and the impact with DCCT staff.</p>	

<p>To engage vulnerable groups in extra physical activity.</p>	<p>X 10/12 DCCT KS1 Pupil Premium lunchtime physical activity club</p> <p>X12 SEND KS2 children extra PE/physical activity session</p>	<p>Enhanced package</p>	<p>Targeted children have access to organised play and physical activity for a sustained period.</p> <p>Develop core strength, stamina and communication skills.</p>	<p>Staff to monitor target children during PE lessons and the mile.</p> <p>Staff to monitor core strength and communication skills in class.</p> <p>EYFS lead to look at progress data for Physical Development and Communication and language</p>	
<p>To improve children's balance and coordination.</p> <p>All children to be able to ride a bike with confidence and safely by the time they leave primary school.</p>	<p>Book Cycle Derby to deliver a 'Cycle Fortnight' during Autumn 1</p> <p>Balanceability – Nursery and Reception</p> <p>Learn to Ride – Year 1, Year 2</p> <p>Bikeability – Pre-level 1 Year 3</p> <p>Bikeability Level 1 - Year 4</p> <p>Bikeability Level 2 – Year 5, Year 6</p> <p>Bikeability Level 3 – Group of Year 6 children</p>	<p>Free</p> <p>£750</p>	<p>Children and parents have bikes which are roadworthy.</p> <p>All children will experience riding a bike.</p> <p>An increased number of children will be able to ride a bike confidently and safely.</p> <p>UKS2 children will have a good understanding of road safety.</p>	<p>Record how many families take up the opportunity to have bikes fixed.</p> <p>Evaluate the programs</p> <p>Record how many children can ride a bike.</p>	
	<p>Cycle Cross – Year 5 and 6</p> <p>Velodrome Trip – Group Year 6 children</p> <p>Enter Cyclo Cross competitions throughout the year.</p>	<p>£65.00</p>	<p>UKS2 children will experience different styles of riding.</p>		

	<p>Enter and take part in Stand Up Derbyshire event.</p> <p>Take part in 'Bike to School Week.'</p> <p>Take part in National Fitness Day.</p> <p>Take part in the 'Big Walk and Wheel.'</p>	<p>Free</p> <p>Free</p> <p>Free</p> <p>Cost of fruit and juice £100</p>	<p>To increase the number of families walking/riding/scooting to and from school.</p>	<p>Record number of families taking part in these events.</p>	
<p>To increase the number of intra school sports and activity programs</p>	<p>School Sports Council Training for staff and children.</p> <p>School Sports Council to lead on mini leader activities, lunch time physical activity and inter house events.</p> <p>School Sports Council plan and deliver inter house timetable Autumn 1: Inter house Hockey Autumn 2: Inter house Kurling Spring 2: Inter house Football Summer 2: Inter house Rounders Summer 2: Inter house netball Summer 2: Inter house tug of war</p>	<p>Enhanced package</p>	<p>All children access competitive sport against children of own age within our school.</p> <p>All children have the opportunity to represent their house, work collaboratively and develop team spirit.</p>	<p>Record participation and collect views of children on the competitions.</p>	

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole-school improvement

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enhance the Christian ethos of the school by working collaboratively in school teams.	<p>Deliver Whole School Worship on Sports Values</p> <p>Display the Sports Values. On sports board and in the hall near alter.</p> <p>Ensure Sports Values are re-visited during PE lessons and when children have taken part in competitions and events in and out of school.</p>	Free	Children demonstrate the Christian and British values throughout inter and intra competitions.	Observe children during competitions and festivals on and off site.	
To ensure children have a good knowledge of what bullying is and how to deal with it.	<p>DCCT to deliver a whole school anti-bullying assembly.</p> <p>DCCT to deliver an anti-bullying workshop in Year 4.</p> <p>Whole School to take part in Anti-Bullying week</p>	<p>Enhanced Package</p> <p>CB</p>	Children able to discuss what bullying is and how it can be prevented and dealt with.	Continue to report and monitor incidents of bullying.	
To ensure children have a good knowledge of what racism is and how to deal with it.	DCCT to deliver a whole school anti-racism assembly.	Enhanced Package	Children able to discuss what racism is and how it can be prevented and dealt with.	Continue to report and monitor incidents of racism.	
To ensure children have a good knowledge of how to stay safe when using the internet.	<p>DCCT to deliver a whole school safer internet assembly.</p> <p>DCCT to deliver a safer internet use workshop in Years 4 and 5.</p>	Enhanced Package	Children can talk about how to use the internet safely.	Class teachers to monitor engagement of children in activities.	

<p>To engage children who lack motivation in maths.</p> <p>To improve progress and raise attainment in maths.</p>	<p>Implement Match Day Match 10 week intervention program for targeted Year 5 children.</p>	<p>Enhanced Package</p>	<p>Children more engaged in maths lessons, due to increased confidence.</p>	<p>Lesson observation focusing on engagement of children from program.</p> <p>Analyse end of year data.</p>	
<p>To stimulate literacy engagement in children who love football but lack motivation in reading.</p>	<p>Implement Premier League Reading Stars 10 week intervention program for targeted Year 5/6 children.</p> <p>Implement Premier League Reading Stars 10 week intervention program for targeted Year 2 children.</p> <p>DCCT to deliver World Book day assembly and workshops.</p>	<p>Enhanced Package</p>	<p>Children more engaged in reading at school and at home.</p>	<p>Class teacher/TA to monitor the number of reading tickets brought back to school.</p> <p>Children show a willingness to discuss the books they have read.</p>	
<p>To increase pupils engagement with STEM.</p>	<p>X6 Session programme 'Rambots' for Year 6.</p>	<p>Enhanced package – Bolt On £300</p>	<p>Pupils will have better problem solving skills and have an enhanced of geometry and coding.</p>	<p>SL to monitor and feedback to SB</p>	
<p>To increase resilience, self-esteem and team work.</p>	<p>Resilient Rammie Program X6 sessions of classroom, based activities for Year 4</p>	<p>Enhanced package</p>	<p>Pupils demonstrate resilience, self-esteem and team work in all areas of the curriculum.</p>	<p>Staff to monitor impact of program.</p>	
<p>To develop core strength and fundamental skills of UKS2 SEND children.</p> <p>To improve co-operation and speaking and listening skills.</p>	<p>DCCT to deliver Multi Sport lunchtime sessions to UKS2 SEND children.</p> <p>Inclusion Manager to advise DCCT sports coach on specific requirements.</p>	<p>Enhanced package</p>	<p>Improvement in skills transferred to all areas of the curriculum.</p>	<p>CB to monitor the impact the program has on children in class.</p>	
<p>To improve the communication and listening skills of Pupil Premium children in KS1</p>	<p>DCCT to deliver lunchtime multi sports club during the Spring term.</p>	<p>Enhanced package</p>	<p>Children demonstrate better listening, understanding and speaking skills in class.</p>	<p>SB to monitor lunchtime incidents and TABS involving targeted children.</p>	

<p>To establish a School Sports Council.</p>	<p>Choose team captains – they will lead the Sports Council.</p> <p>Identify one child from each class with a keen interest in sport and physical activity to represent their year group.</p> <p>DCCT to provide training for children and staff.</p> <p>Sports Council to organise Inter House Events.</p>	<p>Enhanced package</p>	<p>Children to have a bigger input on which sports and physical activities are delivered in school including inter house competitions and extra-curricular clubs.</p>	<p>Staff and children to evaluate training.</p> <p>BR to liaise with SB about school council.</p>	
<p>To engage parents in their children’s PE, sport, physical activity, healthy eating and healthy mind.</p>	<p>Promote events using x formly known as Twitter.</p> <p>Tweet photos of children taking part in healthy eating, sport, PE and physical activity.</p> <p>Dedicated pages on the school website for healthy eating, healthy bodies and healthy minds.</p>	<p>Release time for staff to update website and Twitter</p>	<p>Parents have a good understanding of the PE, sport, physical activity, healthy eating and healthy mind activities being delivered in school.</p> <p>An increased number of followers on Twitter.</p>	<p>Monitor number of Twitter followers.</p>	
<p>To develop links with clubs in the community.</p>	<p>Take part in Crown Green Bowling at Rykneld Bowling Club.</p>	<p>Free</p>	<p>Good links with members of the community.</p>	<p>Monitor interest levels and take up outside of school</p>	
<p>To fully establish Forest Schools provision</p>	<p>Forest Schools Sessions to be delivered by the following providers: Wild Minds. Royal Forestry, Brendan McDowell and DCCT</p> <p>Purchase Forest School equipment and storage shed.</p> <p>Create a permanent Forest School space.</p>	<p>??</p>	<p>All children across the school to have a Forest School experience.</p>	<p>Monitor the impact of Forest School has on children’s behaviour.</p>	

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
<p>To ensure PE leads have a good understanding the PE curriculum throughout the school.</p> <p>To increase, confidence, knowledge and skills in leading the PE curriculum.</p>	<p>Statement of intent, progression grids and key vocabulary written, share with staff and on the website.</p> <p>Attend DDAT PE Network meetings throughout the year.</p>	<p>Subject lead release time</p> <p>Enhanced package</p> <p>DDAT training package</p>	<p>Progressive PE curriculum delivered throughout the school.</p>	<p>DG to check PE Curriculum is on website.</p> <p>SL ensure PE is deep dive ready.</p>	
<p>To increase confidence, knowledge and skills of staff in the teaching of curriculum PE.</p>	<p>DCCT to deliver teacher support for Year 2 and 5</p> <p>DCCT to deliver teacher support for Year 1 teacher inclusion SEND</p> <p>AM Sports to deliver Teacher Support Nursery and Reception-Fundamentals Gymnastics Y3 and Y4</p> <p>Staff to attend any other training provided by DCCT throughout the year.</p>	<p>Enhanced Package</p> <p>AM Sports Payment</p> <p>Enhanced Package</p>	<p>Teachers confident in delivering areas of previous weakness.</p> <p>Teachers deliver good or better curriculum PE lessons.</p>	<p>Feedback from staff</p>	

To increase subject knowledge and skills of ECT.	SC to attend ECT training provided by DCCT throughout the year	Enhanced Package	Teacher delivers good or better curriculum PE lessons. Increased confidence in teaching PE.	Lesson observations SC to evaluate.	
To re- establish a School Sports Council	Identify a member of staff to lead the Sports Council. Choose house captains and representatives for each year group. Children and staff to be trained by DCCT staff	Enhanced Package	Children will have more input into intra sports competitions and activities. All children will be able to make suggestions about physical activity via the Sports council. Representatives will develop leadership skills	House captains to regularly feedback to SLT.	

			when organising events.		
Staff trained to improve core strength and fine motor skills in EYFS	Staff training led by DCCT Autumn 2	Enhanced Package	Children will have better core strength which will have impact and improve gross motor skills, sitting and fine motor skills.	Evaluate the program itself and the impact with DCCT staff.	

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
<p>To introduce new sports and physical activities in school.</p> <p>To expose new/different children to existing sports in school.</p> <p>To increase the number of children experiencing a broader range of sports and physical activities.</p>	Team Rubicon to deliver Skateboarding sessions to Year 5 and 6.	£360	Children will take part in a physical activity that they have not done before.	Feedback from children and staff.	
	Team Rubicon to deliver Scooting Year 3 and 4.		Children will develop new skills when riding a scooter/skateboard.		
	Take part in Crown Green Bowling at Rykneld Bowling Club.	Free	Good links with members of the community.	Monitor interest levels and take up outside of school	

	School to contribute to PGL payments to ensure all children can access the trip and take part in activities such as tunnelling and abseiling	Pupil Premium Link	Year 6 children will attend the PGL residential and experience new activities,	Monitor number of children attending the tip.	
	Enter more festivals for all ages and targeted groups of children including Tri-Golf and Multi Sports Festivals for EYFS/KS1	Enhanced package Transport costs	More children taking part in sport and physical activity across school than last year.	Monitor number of children taking part in activities. Monitor participation level of children from vulnerable groups.	
	Offer before and after school clubs: School Staff Netball Dance Benchball Cricket Gardening Girls Football AM Sports Gymnastics	Free	More children taking part in sport and physical activity clubs across school than last year.	Monitor number of children taking part in clubs. Monitor participation level of children from vulnerable groups.	

	<p>Boxing (Breakfast club and focus day for KS2) Breakfast Football (Before School) Zumba</p> <p>DCCT Tag Rugby Multi sports club Fundamentals club Fitness is Fun</p>	Enhanced package			
	<p>Book Cycle Derby to deliver a 'Cycle Fortnight' during Autumn 1 Balanceability – Nursery and Reception Learn to Ride – Year 1, Year 2 Bikeability – Pre-level 1 Year 3 Bikeability Level 1 - Year 4 Bikeability Level 2 – Year 5, Year 6 Bikeability Level 3 – Group of Year 6 children</p>	Free £750	<p>Children and parents have bikes which are roadworthy.</p> <p>All children will experience riding a bike.</p> <p>An increased number of children will be able to ride a bike confidently and safely.</p> <p>UKS2 children will have a good understanding of road safety.</p>	<p>Record how many families take up the opportunity to have bikes fixed.</p> <p>Evaluate the programs</p> <p>Record how many children can ride a bike.</p>	
	<p>Cycle Cross – Year 5 and 6 Velodrome Trip – Group Year 6 children</p> <p>Enter Cyclo Cross competitions throughout the year.</p>	Free (As part of Safe Haven Schools)	UKS2 children will experience different styles of riding.		
To inspire and engage pupils to have a positive impact in their community.	Year 5 and 6 to take part in 'Champions for Change' social action project.	Enhanced Package	Children will be involved in a project which has a positive impact on the wider community.	Staff and children to evaluate and feedback on the project.	
Forest school					

Key indicator 5: Increased participation in competitive sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
To enter more competitions than previous year.	Entry to DCCT Super School Competitions.	Enhanced package Transport costs	Increase the number of opportunities for competitive sport in and out of school.	Monitor number of children taking part in competitions. Monitor number of children in vulnerable groups taking part in competitions	

88

To set a personal challenge target in order to raise funds.	DCCT and the Sports Council to plan and deliver a sponsored event to raise money for a school project.	Enhanced package	Children will demonstrate perseverance and resilience. Raise funds for school.	Children to record personal challenges. Children to make Bishop Lonsdale whole school record,	
To inform and encourage children to participate in competitive sport out of school.	Advertise football, netball and other sports taking place in the local community – leaflets, parent hub, website Twitter	Free	Parents will be informed of sports clubs and activities that are available outside of school.	Monitor engagement of children in sporting clubs outside of school using questionnaires.	

**Supporting documents:
PE Action Plan 2023 -24
SDP 2023-24**